



## ECOSYSTEM FOR PROMOTION OF INDIAN KNOWLEDGE SYSTEM

### Importance of Indian Knowledge system in Contemporary Higher Education in India

By integrating the Indian Knowledge System into contemporary higher education, India can preserve its cultural heritage, foster holistic learning, promote indigenous innovation and entrepreneurship and develop a unique and inclusive education system. It can be integrated in core courses, elective courses, certificate programmes etc. It enhances experiential learning, project-based learning, discussions and debates, field trips, workshops etc. The student outcomes thus include cultural sensitivity and awareness, holistic well-being and self-awareness, critical thinking and problem-solving skills, social responsibility and community engagements.

### Vision of institution for the promotion of IKS

To become a leading institution promoting and preserving IKS and its applications fostering holistic education, nurturing thought leaders, entrepreneurs and change makers.

### Overview of Indian Knowledge System (IKS)

Indian Knowledge System encompasses various traditional and indigenous knowledge systems in India. To become a leading institution promoting IKS and its applications, nurturing thought leaders, entrepreneurs and change makers. Integration of it in elective courses, core courses, certificate programs etc. in an educational institution preserves cultural heritage and traditions and enhances contextualized learning and relevance. It fosters holistic education and wellbeing by helping to develop critical thinking and problem-solving skills. It also promotes innovation and entrepreneurship.



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



## INSTITUTIONAL INITIATIVES AND ACTIVITIES FOR INTEGRATING INDIAN KNOWLEDGE SYSTEM

- There is a centre for Indian Knowledge System in the institution, and the following initiatives and activities are carried out through the centre.

### I. ACADEMIC INITIATIVES

Academic Initiatives play a vital role in promoting Indian Knowledge, Development and foster holistic education.

#### 1. CERTIFICATE COURSE IN YOGA

**Proceedings of the Principal, KAHM Unity Women's College, Manjeri dated 20/06/2023**

(Present: Prof. (Dr). Muhammed Basheer Ummathur)

Ref: (1) Request for the Approval of Certificate Course, dated 19/06/2023

(2) Request for the Approval of Board of Studies for the certificate Course, dated 19/06/2023

#### ORDER

As per reference cited (1) a request was received from HoD, Department of Physical Education, for the conduct of Certificate Course during the academic year 2023-2024. The beneficiaries of the courses are undergraduate students of the college. The head of the department has also requested to constitute a Board of Studies for the course with the following members as per reference (2).

1. Dr.Abdussalam Kanniyan (Head, Department of Physical Education, Govt. College, Malappuram).
2. Mr. Hamraz Ahamed M. (Course coordinator, (Assistant Professor & Head, Department of Physical Education, KAHM Unity Women's College, Manjeri).

Sanction is hereby accorded to the Department of Physical Education to conduct the certificate course during the year 2023-2024. The Board of Studies for the course is constituted with members listed above.

Order is issued accordingly.

Place: Manjeri

Prof. (Dr). Muhammed Basheer Ummathur

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## DEPARTMENT OF PHYSICAL EDUCATION

### MINUTES OF BOARD OF STUDIES HELD ON 16.09.2023

A meeting of the Board of Studies constituted for the implementation of certificate course Yoga for Wellness for the even semester at the college during the year 2023-2024 was held on 17.06.2023 at 10.30 am to discuss the following matters.

#### Agenda

1. Certificate course 2023-2024
2. Approval of the syllabus of certificate course
3. Duration of the course
4. Scheme of Evaluation

#### Decision of the meeting

1. The Board of Studies decided to accept the course code, title, duration and mode of evaluation of the syllabus.
2. The draft of the syllabus prepared was placed for discussion. The modifications suggested by the members were included and the draft syllabus with suggested modifications was approved for the certificate course.

#### Members participated

1. Dr. Abdussalam Kanniyan  
(Head, Department of Physical Education, Govt. College, Malappuram)
2. Mr. Hamraz Ahamed M (Course co-ordinator)  
(Assistant Professor & Head, Department of Physical Education, KAHM Unity Women's College, Manjeri)

### PECC01 YOGA FOR WELLNESS

#### Course Description:

The "Yoga for Wellness" certificate course is designed for individuals seeking to enhance their understanding of yoga as a holistic practice for physical, mental, and emotional well-being. Participants will explore various yoga styles, mindfulness techniques, and the principles of anatomy and physiology as they relate to wellness. This course combines theory with practical sessions, equipping students with the knowledge and skills to integrate yoga into daily life and potentially share it with others.





## SYLLABUS

### PECC01 YOGA FOR WELLNESS

#### Course Objectives:

1. Understand the fundamental principles of yoga and wellness.
2. Learn various yoga poses and their benefits for health.
3. Develop mindfulness and breathing techniques for stress reduction.
4. Create personalized yoga practices for specific wellness goals.

#### Course Outcome:

**CO1-** It demonstrate knowledge of yoga principles

**CO2-** Able to perform and explain asana easily

**CO3-** It apply mindfulness and breathing techniques

**CO4-** It create personalized yoga practices

**CO5-** It integrate yoga into daily life

#### Module 1: Introduction to Yoga and Wellness

- History and philosophy of yoga
- Different styles of yoga
- The mind-body connection

#### Wellness Concepts

- Understanding wellness: physical, mental, and emotional aspects
- The role of yoga in promoting holistic health

#### Module 2: Asanas (Yoga Poses)

##### Foundations of Asanas

- Introduction to asanas
- Standing (Vrikshasana, Padahastasana)
- Sitting (Vajrasana, Padmasana)
- Prone lying (Bhujangasana, Salabhasana)
- Supine poses (Uttitha Padasana, Noukasana)
- Relaxative (Savasana)

#### Module 3: Mindfulness and Breathing Techniques

##### Pranayama (Breath Control)

- Introduction to pranayama techniques (e.g., Diaphragmatic Breathing, Alternate Nostril Breathing)
- Benefits of breath work for wellness



*[Handwritten signature]*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



### Mindfulness Practices

- Meditation techniques and their applications
- Integrating mindfulness into daily life

### Module 4: Creating a Personal Practice

#### Designing a Yoga Sequence

- Principles of sequencing for different wellness goals
- Developing a personal yoga practice

#### Teaching and Sharing Yoga

- Tips for sharing yoga with others
- Ethical considerations in teaching

#### RELATED EXPERIENCES:

- Basic Asanas practices
- Pranayama techniques
- Meditation techniques
- Personal yoga practice

#### Reference:

1. Biju Lona K (2023) Physical education and yoga, Maximum publishers Kinfra park, Koratty
2. Muktibodhananda, S. (2008). Hatha Yoga Pradipika. Munger, Bihar. India: Yoga Publications Trust.
3. Iyengar, B. K. S. (2008). Light on life: The journey to wholeness, inner peace and ultimate freedom. Pan Macmillan.
4. Nagendra, H.R., (2004) Yoga its basics and application, Bangalore: Vivekanandha Kendra Yoga Publication.
5. Prbhavananda Swami., (2002) Patanjali Yoga Sutras, Chennai: Sri Ramakrishna Math.



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## SCHEME OF EVALUATION

METHOD OF EVALUATION			
Assessment Methods	Criteria	Marks	Weightage
Formative Assessment (FA)	Attendance	4	25%
	Assignment/Project/Activities/Reports	6	
Summative Assessment (SA)	Practical Assessment	30	75%
<b>Total</b>		<b>40</b>	<b>100</b>

## ATTENDANCE

Attendance	Marks
90-100%	4
85-89.9%	3
40-84.9%	2
75-79.95	1
<75%	0

## GRADING POLICY

Grade	Percentage of total marks (FA+SA)
A	80% & above
B	60-79.9%
C	50-59.9%
D	40-49.9%
<b>Not qualifying</b>	<b>&lt;40%</b>




  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri




KORAMBAYIL AHAMED HAJI MEMORIAL  
**UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



  
DEPARTMENT OF PHYSICAL EDUCATION  
KORAMBAYIL AHAMED HAJI MEMORIAL UNITY WOMEN'S COLLEGE  
(Affiliated to University of Calicut) Reaccredited by NAAC with B+ + Grade  
Narukara PO, Manjeri, Malappuram Dt, Kerala, Pin-676122

CERTIFICATE COURSE ON  
**YOGA AND WELLNESS**  
Course Code :- PECC01



**DURATION**  
32 HOURS  
**INTAKE : 200**

**1 JULY 2023**  
TO  
**31 DECEMBER 2023**

For Joining & More Details  
Course Coordinator & Instructor  
Hamraz Ahamed M  
Assistant Prof. & Head  
Department of Physical Education  
9645728817



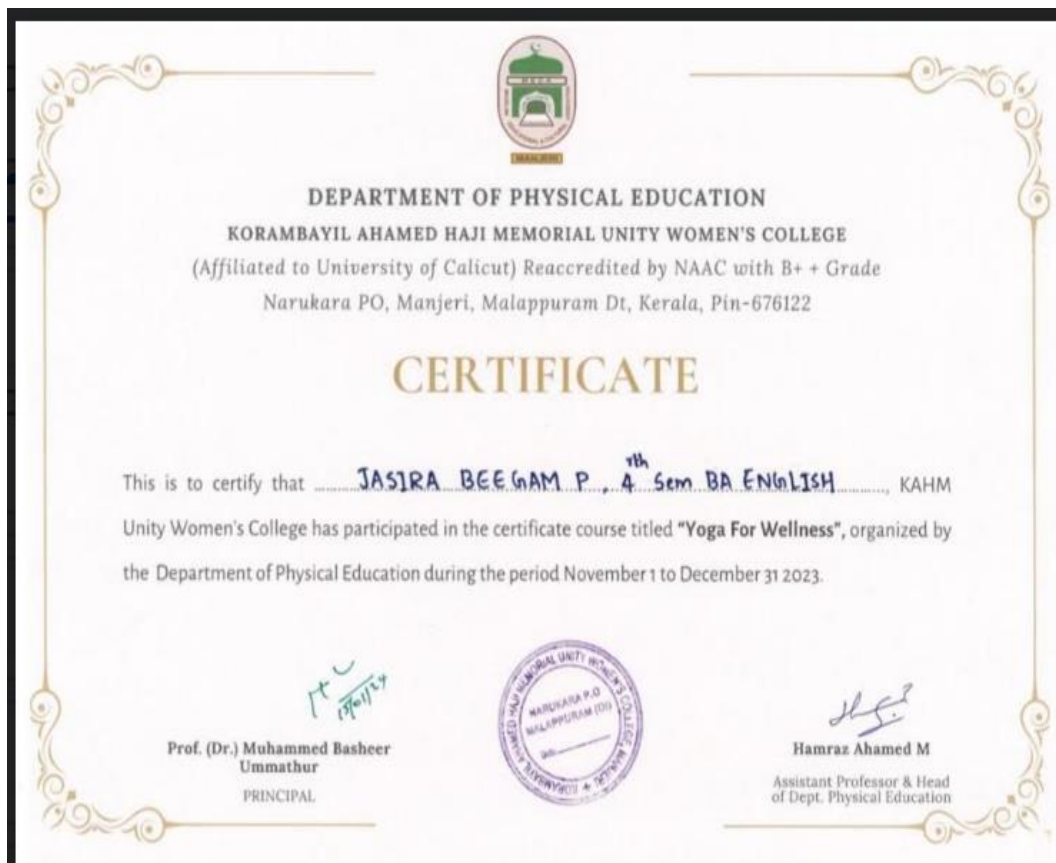
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



*[Handwritten signature]*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## 2. CERTIFICATE COURSE IN CULINARY ARTS PG DEPARTMENT OF HOME SCIENCE

**Program Code: FCSCCO7**

**Course Duration:** 30 Hrs.

**Course Coordinator:** Mrs. Shahla Karuthedath

### Course Description:

Culinary arts deal with the preparation of food, are of cooking and presentation of food. Culinary arts train the students to prepare, cook and present food in an effective and attractive manner. These courses are beneficial to candidates who want to make a career in the field of kitchen management, food and beverage management as well as other hospitality and food related job profiles.

### Objectives:

- To understand the principles and chemistry of foods and apply the principles during preparation, cooking and to understand the nutritive value of foods.
- To teach technology of milling of various cereals, basic composition and structure of cereals and legumes.
- To impart skills in the application of biological, chemical, biochemical, physical and engineering sciences in processing and preservation of milk and milk products.
- To study the application of food processing and preservation principles and technologies in the processing, preservation, extension of shelf life and value addition of fruit and vegetable products.
- To study about the processing of meat, poultry and sea foods, preservation of meat by various techniques.

### Unit I-Introduction to food science (3Hrs)

Definition of food and functions of food, Food pyramid, basic five food groups and uses, Cooking-objectives and different methods of cooking.

### Unit 2- Cereals (2 Hrs)

Structure, composition and nutritive value, gluten formation, role of cereals in cookery, common cereals and millets in India, role of cereals in cookery.



*Handwritten signature*  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



### Unit 3- Pulses (2 Hrs)

Nutritive value and composition, germination, fermentation, advantages, anti-nutritional factors (trypsin inhibitors, lathyrism). Important pulses in India.

### Unit 4- Milk and milk products (2 Hrs)

Composition and nutritive value, pasteurisation, homogenisation, advantages. milk products (whey proteins, skim milk, evaporated, condensed, dry milk, khoa, ice cream, toned milk, flavoured milk, fermented milk, butter, cheese, curd).

### Unit 5- Egg (3Hrs)

Structure, composition and nutritive value, deterioration in egg quality, evaluation of egg quality, egg white foam, factors affecting, culinary role of eggs designer eggs.

### Unit 6- Meat (2 Hrs)

Structure, composition and nutritive value, classes of meat and products.

### Unit 7- Fish (2Hrs)

Classification, types, composition and nutritive value, fish spoilage and preservation, fish products.

### Unit 8- Vegetables and fruits (2Hrs)

Classification, composition and nutritive value, pigments, flavour components, organic acids and enzymes, effect of cooking on pigments, changes in fruits during ripening, enzymatic and non-enzymatic browning, methods of prevention, antioxidant role.

### Unit 9- Spices (1 Hrs)

Types, functions, culinary role

### Practical

1. Food preparation, Record the weight of 1 cup/ 1tbsp/ 1tsp of different types of food stuffs.
- ii. Record the ratio of raw to cooked volume of rice, rava and pulses.(2hr)
- iii. Simple preparations using cereals, pulses, vegetables, fruits, milk, egg, meat and fish using different cooking methods. (3hr)





3. Gelatinization temperatures of various types of starches (2hr)
4. Stages of sugar cookery (1hr)
5. Effect of cooking on vegetable pigments (1hr)
6. Enzymatic and Non-enzymatic browning, Methods to prevent browning in fruits (1hr)
7. Food preservation techniques (jams, squashes, pickles)(2hr)

## REFERENCES

1. Potter, N. Hotchkiss, H.J, Food Science, 5th edition, CBS publishers and distributors, New Delhi, 1996.
2. Srilakshmi, B, Food Science, New Age International Pvt. Ltd., Chennai, 2006
3. Beckhan. C.G & Graves.H.J, Foundations of food preparations, Macmillan Publishing Co, New Delhi, 1979.

## Scheme of Evaluation

- Written Examination (Conventional): 60 Marks
- Assignment: 5 Marks
- Viva voce: 5Marks
- Performance in Practical: 30 Marks

Total: 100 Marks

A Grade: 80% and above, B Grade: 60 – 79 %, C Grade 40-59%, Below 40% D Grade



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



**CERTIFICATE COURSE**  
**IN**  
**Culinary**  
**Arts**


Course duration 30 hours  
Course fee :200/- only

June 2022-October 2022

**COURSE INSTRUCTOR: MRS. ANITHA BEGUM**  
(HOD of Homesciene Dept:KAHM Unity Women's College, Manjeri)

**COURSE COORDINATOR: SHAHLA. K**  
(Assistant Professor (Ad hoc); PG Dept Of Homescience;  
KAHM Unity Women's College, Manjeri)

CONTACT NO:96331 56656



**PG DEPARTMENT OF HOME SCIENCE**  
**KORAMBAYIL AHAMED HAJI MEMORIAL UNITY**  
**WOMEN'S COLLEGE, MANJERI**

AFFILIATED TO UNIVERSITY OF CALICUT, REACCREDITED BY NAAC AT B+++ GRADE  
NARUKARA PO, MANJERI, MALAPPURAM, KERALA, INDIA

**CERTIFICATE OF COMPLETION**

This is to certify that Ms/Mrs..... M.A.FEEFA. K.T. V. B.Sc. MATHEMATICS.....  
has completed Value Added Course in Culinary Arts from 15-06-2022 to 18-10-2022 with A  
grade, offered by PG Department of Home Science, KAHM Unity Women's College, Manjeri

Mrs. Shahla Karuthedath  
Coordinator

Mrs A S Anitha Begum  
Head

Prof. (Dr). Mahammed Basheer Ummathur  
Principal



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





### 3. CERTIFICATE COURSE ON UNDERSTANDING KERALA HISTORY

#### Course Structure

#### Course: 1 Early Kerala

A New Course offered by the Department of History at the K.A.H.M Unity Women's College Manjeri, Malappuram. This course provides an overview of the social, cultural, political and economic aspects in Early Kerala from the Prehistory Age to the Post Perumal Period. It helps students in understanding the evolution of modern Kerala society and culture. This course is open to students of any faculty and applicants could be completing an under-graduation, Degree. The programme follows a comprehensive, concise and focused system different from the style followed in the classroom teaching. The sessions will be interactive and informal, aimed at helping students to prepare for answering questions on Early Kerala History.

#### Course Objective

Understanding the Early Kerala Society and Culture

Recent research and Scholarship on Early Kerala History

To prepare students for answering Early Kerala History related questions in the various Competitive examinations.

#### Method of assessment

Assessment for this course is based on two objective type examinations (consisting of 30 questions) due at the end of the Course. Students need to get 40% out of 100 marks to pass the course. Mark system is followed which is given below: --

Grade	Percentage of total marks (FA+SA)
80% & above	Distinction
60-79.9%	First Class
50-59.9%	Second Class
40-49.9%	Third class
<40%	Failed

Batch Size: 100 Maximum

Course Coordinator: Shabeermon M

Duration: 6 Month- total 30 hours

Timing: once in a week

Course Fee: free

Commencement: July 2021



*(Handwritten signature)*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



## Course Syllabus

1. Geography of Kerala
2. Sources for Kerala History
3. Historiography of Kerala
4. Megalithic Culture & Sangam Age
5. Polity and Society under Perumals
6. Post Perumal Period-Polity, Society & Economy

## COURSE TIMETABLE

Sl. No	Date	Mentor	Topic
1	10-07-2021	Shabeermon M	Sources of Kerala History
2	17-07-2021	Faizal T K	Polity & Society under Peruals
3	24-07-2021	Jaseena C	Geography of Kerala
4	31-07-2021	Shabeermon M	Sources of Kerala History
5	07-08-2021	Faizal T K	Polity & Society under Peruals
6	17-08-2021	Jaseena C	Geography of Kerala
7	21-08-2021	Shabeermon M	Sources of Kerala History
8	28-08-2021	Faizal T K	Polity & Society under Peruals
9	04-09-2021	Jaseena C	Geography of Kerala
10	11-09-2021	Shabeermon M	Sources of Kerala History
11	18-09-2021	Faizal T K	Polity & Society under Peruals
12	25-09-2021	Jaseena C	Geography of Kerala
13	02-10-2021	Shabeermon M	Sources of Kerala History
14	09-10-2021	Faizal T K	Polity & Society under Peruals
15	16-10-2021	Jaseena C	Geography of Kerala
16	23-10-2021	Shabeermon M	Historiography of Kerala
17	30-10-2021	Faizal T K	Post-Perumal Period
18	06-11-2021	Jaseena C	Megalithic Culture & Sangam Age
19	13-11-2021	Shabeermon M	Historiography of Kerala
20	20-11-2021	Faizal T K	Post-Perumal Period
21	27-11-2021	Jaseena C	Megalithic Culture & Sangam Age
22	04-12-2021	Shabeermon M	Historiography of Kerala
23	11-12-2021	Faizal T K	Post-Perumal Period



*Handwritten signature*



KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



24	18-12-2021	Jaseena C	Megalithic Culture & Sangam Age
25	25-12-2021	Shabeermon M	Historiography of Kerala
26	01-01-2022	Faizal T K	Post-Perumal Period
27	08-01-2022	Jaseena C	Megalithic Culture & Sangam Age
28	15-01-2022	Shabeermon M	Historiography of Kerala
29	29-01-2022	Faizal T K	Post-Perumal Period
30	05-02-2022	Jaseena C	Megalithic Culture & Sangam Age



Department introduced a new certificate course in understanding Kerala History in July 2021. Two 30-hour courses were inaugurated by Principal Dr. C Saidalavi on July 8, 2021. Mr. Abdurahman, Assistant Professor of History, Govt College Attapadi participated as Chief Guest. He spoke about the significance of Course and about the relevance of History as an important area in the various competitive examinations. Course Co-ordinator Shabeermon Welcomed the gathering and Ms. Jaseena C rendered vote of Thanks.



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



9:49

certificate course in Younity

FILTERS POSTS YOU'VE SEEN MOST RECENT POS

View insights 116 Post Reach

Shabeer Mon 1 comment

Like Comment Send

**Younity**  
Shabeer Mon · 4 Jul 2021 ·

Department of History  
K.A.H.M Unity Women's College

Inauguration of Online Certificate Course in 'Understanding Kerala History'

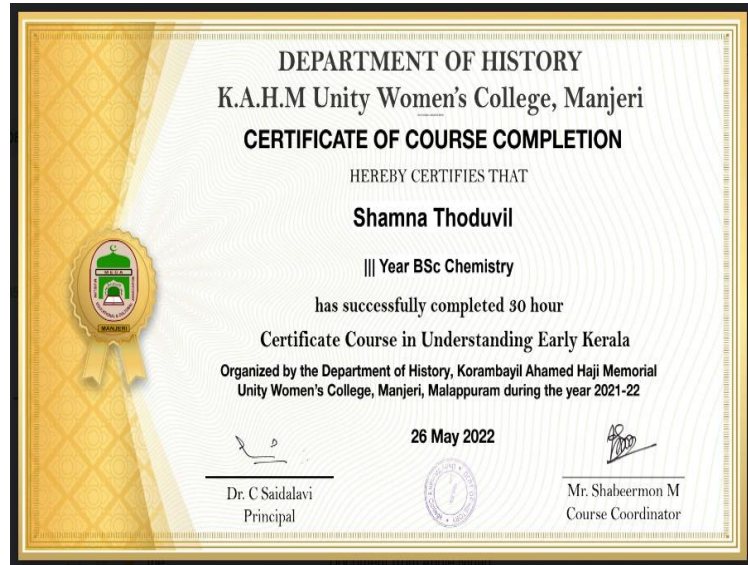
Inauguration  
Dr. C Saidalavi, Principal, uwc Manjeri

Chief Guest  
Abdurahiman Alangadan  
Assistant Professor of History  
Govt College Attapadi

Date : 8 July 2021 (Thursday)  
Time : 5 pm  
Platform : Google Meet

Click this link:  
<https://meet.google.com/dnr-tdgq-bcv>

Course Coordinator



*(Handwritten Signature)*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





#### 4. CALLIGRAPHY TRAINING BY DEPARTMENT OF ARABIC

The Department of Arabic hosted Calligraphy Training on 18<sup>th</sup> December 2021 as part of the World Arabic Language Day Celebration. Mr. Haneefa, the calligraphy Artist led the training session.

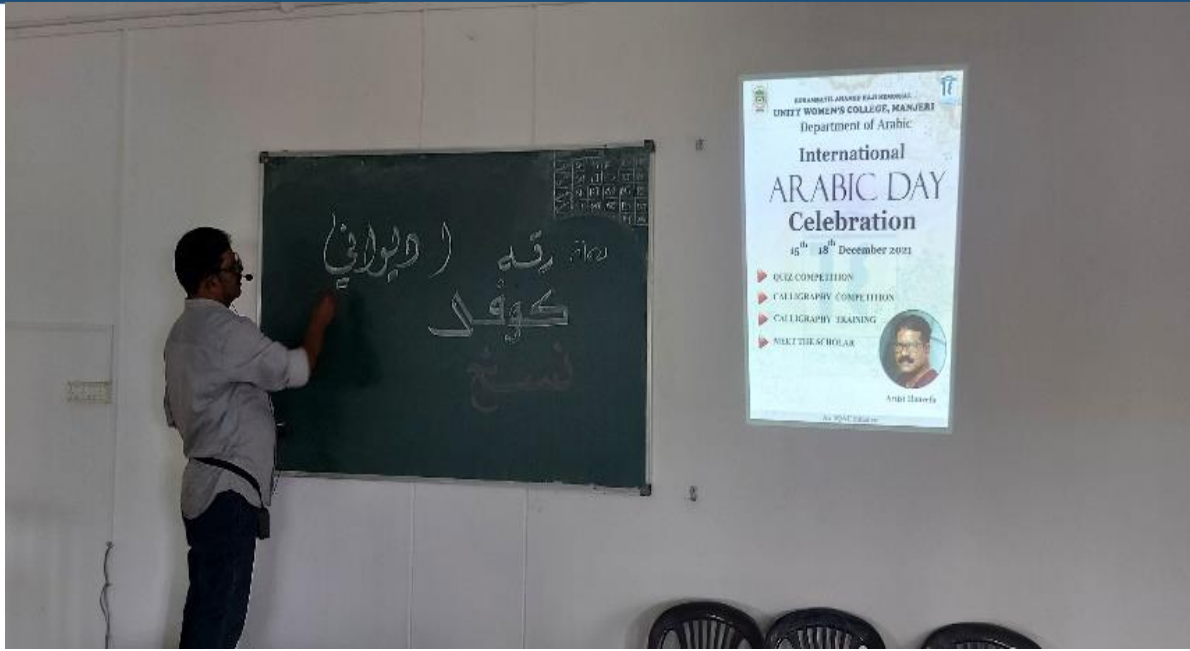


  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



*[Handwritten Signature]*  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



## II. INTEGRATION OF IKS IN EXISTING CURRICULUM

By integrating IKS into curriculum Indian cultural heritage can be preserved. It can enhance student learning outcomes and helps in developing culturally sensitive and responsible citizens.

### A few Books on Indian History in Library includes

- Great Indians who made India proud in the las by Sinha Pushpa.
- Indian Navika Lahala by Nair N P
- A brief history of modern India by Ahir Rajiv
- A cultural History of India by Basham A L.
- A concise History of Indian Literature in English by Krishna Aravind
- A History of Ancient and Early Medieval India by Singh Upinder
- A History of India by Rob Peter
- A History of India Thapar Romila
- A History of South India by Sastri, K A Nilakanta
- The Centre for South Indian A Manual of Historical Research Methodology by Sreedharan E
- The Centre for South Indian A new look at Modern Indian History by Grover BL
- A short History of South India Chadurvedi Sarojini
- A survey of Indian History by Panikkar KM
- A Survey Kerala History Sreedhar Menon A

### Contents in Malayalam



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



6/19

MALIA07(1)

മനോ മസജുദ്ദി  
കൊമൺ കോഴ്സിംഗ് ?  
ബി.എ/ബി. എസ്സി  
അന്വേഷണപരിഷ്കാരം ?

പഠനസമയം-64 മണിക്കൂർ  
കുറവുകൂടാ

**ഉദ്ദേശ്യപ്രഖ്യാനം**

അന്വേഷണപരിഷ്കാരം വളർച്ചയുടെ നിരീക്ഷണ കാര്യങ്ങളെക്കുറിച്ച് പരിപാടിയെടുക്കുക. എഴുത്തുകാരന്മാരുടെ മനോമസജുദ്ദി കോഴ്സിംഗിന് അനുബന്ധമായി നടത്തേണ്ടതാണ്.

**മനോമസജുദ്ദി ?**

അന്വേഷണപരിഷ്കാരത്തിന്റെ ആദ്യകാല കുതിച്ചുചാട്ടം കഴിഞ്ഞുപോയതിനാൽ കഴിഞ്ഞ കുതിച്ചുചാട്ടത്തിൽ സാമാന്യരീതിയിലാണ് എന്ന് ഒരു കാര്യമാത്രം മാത്രം പരിശോധിക്കേണ്ടതാണ്. എങ്കിലും കാര്യങ്ങളെക്കുറിച്ച് സാമാന്യമായി നിർവ്വഹിക്കാൻ പരിശോധിക്കേണ്ടതാണ്.

1. പേരുമൂലം : കുതിച്ചുചാട്ടം (കുതിച്ചുചാട്ടം)  
..... മനോമസജുദ്ദി പേരുമൂലം  
..... മനോമസജുദ്ദി പേരുമൂലം (എൻ.പി.സി)
2. എഴുത്തുകാരി : ലക്ഷ്മി സാമന്ത (അന്വേഷണ പരിഷ്കാരം)  
..... മനോമസജുദ്ദി സാമാന്യമായി പേരുമൂലം  
..... മനോമസജുദ്ദി പേരുമൂലം (എൻ.പി.സി)
3. എഴുത്തുകാരി : അന്വേഷണ പരിഷ്കാരം  
..... മനോമസജുദ്ദി പേരുമൂലം  
..... മനോമസജുദ്ദി പേരുമൂലം
4. കുതിച്ചുചാട്ടം : കുതിച്ചുചാട്ടം സാമാന്യമായി (എൻ.പി.സി)  
..... മനോമസജുദ്ദി പേരുമൂലം  
..... മനോമസജുദ്ദി പേരുമൂലം

**മനോമസജുദ്ദി ?**

മനോമസജുദ്ദി, സാമാന്യമായി, മാറ്റിയെടുക്കുക എന്നിവയെക്കുറിച്ച് എഴുത്തുകാരിമാർക്ക് പരിശോധിക്കേണ്ടതാണ്.

1. മനോമസജുദ്ദി :  
..... മനോമസജുദ്ദി പേരുമൂലം



*(Handwritten Signature)*  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





### III. SEMINAR ON CELEBRATION AND TRADITIONAL KNOWLEDGE

#### Department of Malayalam

#### 1. Basheer Day Celebration -5 July 2023

As part of the Basheer Day Celebrations, the Department of Malayalam presented a captivating documentary titled “Basheer the Man”. This documentary offers a comprehensive and insightful journey into the life and achievements of Vaikom Muhammed Basheer, a distinguished writer, fervent freedom fighter, and dedicated social reformer.



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



KAHM UNITY WOMENS COLLEGE, MANJERI  
DEPARTMENT OF MALAYALAM

# ബഷീർ അനുസ്മരണം

ജൂലൈ 5

- \*ബഷീർ വി കാൻ \* ഡോക്ട്രൈനേറ്റി പ്രദർശനം.
- \*വായനക്കുവുപ്പ് (ബഷീർ കൃതികൾ).
- \*ചിത്രരചന മത്സരം ബഷീർ കഥാപാത്രങ്ങൾ.

ഇടയിലി വാഗ്ദാനം



*[Handwritten signature]*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





### c. Book Review Session on 15 September 2023

As part of the Library Day celebration at KAHM Unity Womens College in Manjeri, the Department of Malayalam organized a; Book Review; session on 15 September 2023. The session saw active participation from a majority of the students. The event was inaugurated by Dr. V. Hikmathulla (HOD and Assistant professor in Malayalam) and the welcome speech was delivered by Najiya, a B.Com student. Arifa Beegum (Assistant professor in Malayalam) and Afna (1sem B.com) served as the faculty and student coordinators, respectively. Parvathi (3rd sem chemistry) added vibrancy and enthusiasm to the event. Yushra delivered a heartfelt vote of thanks, expressing gratitude to all participants and attendees.



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



#### d. Telefilm Screening

On November 15, 2023, the Department of Malayalam at K.A.H.M Unity Womens College organized atelefilm screening as part of the first-semester syllabus. The chosen film, Rachiyamma, based onUroobs short story, aimed to provide students with a distinctive cinematic experience while fosteringcultural engagement within the college community. The event served the dual purpose of exploring Uroobs short story Rachiyamma and providingstudents with a unique cinematic encounter. Arifa Beegum(Assistant professor in Malayalam) and Reem shamz(1 Sem English )served as the faculty and student coordinators respectively.



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





**e. Talk on 'Chemistry of Reading' by Novelist Shamsudheen Mubarak**

The PG and Research Department of English and Malayalam Department, KAHM Unity Womens College, Manjeri, in collaboration with the Malabar literature festival (MLF) organized a talk on Vayanayude Rasathanthram on 17 November 2023. The guest, Mr. Shamsudheen Mubarak, the young Malayalam novelist, talked about the changing modes and tools of reading, and the pleasure which reading can bring to the readers. Dr. Hikmathulla V, Head, Department of Malayalam welcomed the gathering and Prof.(Dr.) Muhammed Basheer Ummathur, Principal, has delivered the presidential address. Ms. Zanab, third sem M A English extended the vote of thanks

MLF MALABAR LITERATURE FESTIVAL 2023 Nov 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31

Guest Talk on

വായനയുടെ  
'രസ'തന്ത്രം

17 November + Friday  
11:00 AM

Resource Person:  
**Shamsudheen Mubarak**

PRINCIPAL  
Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri

PG and Research Department of Malayalam  
KAHM Unity Women's College, Manjeri





**f. Journeys Unfolded: Exploring Travelogues and Experiences.**

The Department of Malayalam at Unity Womens College, Manjeri, recently organized a fascinating event entitled; Kudakine Aduthariyam,; aligned with the B.Com 1st-semester syllabus, focusing on;Kudak Kurippukalby Prabhakara Varyar. Held on 21/12/2023 at 2:00 PM in the digital studio, the session featured Mr. Noushadali PK, Head of the Arabic Department, as the resource person. Juvairiyadelivered the vote of thanks, with Arifa Beegum and Nadhiya K managing coordination for the faculty and students. The program; s highlight was Mr. Noushadali PK captivating narrative about kudak experiences, providing a unique cultural and literary perspective on; Kudak Kurippukal.; His ability to engage with the students made this segment truly intriguing. Additionally, Dr. Hikmathulla V, the Head of the Department of Malayalam, also shared insights during the event.



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



### g. Mother Language Day celebration, February 21, 2024

As part of the Mother Language Day celebrations, the Malayalam Department of KAHM Unity Womens College organized a language symposium on the topic; Importance of Malayalam Language on February 21, 2024. The event aimed to create awareness about the significance of the Malayalam language and foster a love for it among students. Ms. Arifa Beegum, Assistant professor in Malayalam welcomed the gathering and emphasized the importance of language as a key component of culture and identity. Farseena, a second-year Fcs student, delivered an informative talk on the history, features and rich literary tradition of the Malayalam language. Diya, a first-year English student, led an engaging discussion with the students on the current status of Malayalam language, the challenges it faces, and its future prospects. Ms. Reema, Secretary, Malayalam Vedi, proposed the vote of thanks, expressing gratitude to all participants and speakers for their contributions.



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



KAIUM Unity Women's College Manjeri  
Department of Malayalam

അന്താരാഷ്ട്ര മാതൃദാഷാദിനം  
February -21

- \* പ്രഭാഷണം
- \* ഉപന്യാസ മത്സരം
- \* ഫോട്ടോഗ്രാഫി മത്സരം
- \* ചിത്ര രചന



Faculty coordinator Arifa Beegam. K Assistant Professor in Malayalam	Student coordinator Reema 2 nd sem BA English
--	---



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





#### h. Formation of Malayalavedi:

The department launched Malayalavedi, an initiative aimed at promoting the Malayalam language and literature. The program was inaugurated on 27th January 2022 by Dr.Santhosh Vallikkad, Assistant Professor, Department of Malayalam, NSS College, Manjeri.

#### Lecture on the Importance of Literature

During the inauguration, Dr.Santhosh Vallikkad delivered an insightful lecture highlighting the significance of literature in shaping society.

#### Documentary Release

The students of the department created a documentary on renowned writer Vaikom Muhammad Basheer, which was released during the event. This documentary showcased the life and contributions of Basheer to Malayalam literature. These activities underline the department's efforts in enhancing literary awareness and student engagement with the rich cultural heritage of the Malayalam language.



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



## ചന്ദ്രിക

### ഗുണിറ്റി കോളജിൽ ലയാളവേദി ഉദ്ഘാടനം ചെയ്തു

മംബയരി : കൊരമ്പയിൽ അഹ്മദ് ഹാജി മെമ്മോറിയൽ യൂണി  
വീമൻസ് കോളേജ് മലയാളം ഡിപ്പാർട്ട്മെന്റിനു കീഴിൽ മുപ്പി

കരിച്ച സാഹിത്യ സംസ്കാരിക കൂട്ടായ്മയായ മലയാള  
വേദിയുടെ ഉദ്ഘാടനം ഡോ.സുരേഷ് വള്ളിക്കോട് നിർ  
വഹിച്ചു.

വൈക്കം മുഹമ്മദ് ബഷീറിന്റെ ജന്മദിനത്തോടനുബ  
ന്ധിച്ച് മലയാളവേദിയുടെ വിദ്യാർത്ഥിനികൾ തയ്യാറാക്കി  
യ ബഷീർ എന്ന ഡോക്യുമെന്ററിയുടെ പ്രദർശനവും ബ  
ഷീർ പ്രശ്നോത്തരിയും നടന്നു. ഒന്നാം സദാനം മുഹീദ  
, ഫിദ (ബി.എസ്.സി മാൻസ്) , രണ്ടാം സദാനം ആദിപര  
സ്ഖിയ (ബി.എസ്.സി ഹോം സയൻസ്) മൂന്നാം സദാനം  
ഫർസാന, നാഫില ( ബി.കോം കോ -ഓപറേഷൻ ) എ  
ന്നി ജീവികൾ കരസദാമേലി. പ്രിൻസിപ്പൽ ഡോ.സി. സൈ  
തലവി അധ്യക്ഷനായ പരിപാടിയിൽ ഡോ.വി.ഹിക്മത്തു  
ല്ല , ഷറഫുദ്ദീൻ എ.കെ. ഡോ.ഷാഹിന മോൾ  
എ.കെ,ഡോ.പി. ജ്യോതി, എണിവർ സംസാരിച്ചു. അദ്ധ  
യി സാഗതവും ഷഹന നണിയും പറഞ്ഞു.



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



**മലയാളവേദി ഉദ്ഘാടനവും  
ബഷീർസ്മൃതിയും**

**മുഖ്യാതിഥി**



**ഡോ. സന്തോഷ് വള്ളിക്കാട്**

(അദ്ധ്യക്ഷൻ, മലയാളവീടാലം,  
എൻ.എസ്.എസ്. കോളേജ്, കണ്ണൂർ)

**27.01.2022**  
**വ്യാഴം**  
**01:30 pm**  
**കോളേജ് ഓഡിറ്റോറിയം**

**കൊല്ലംകുഴപ്പം, യൂണിറ്റി വിൽസൺ കോളേജ്, കണ്ണൂർ**  
**മലയാളവീടാലം**



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





i. International Mother Language Day was observed in association with NSS. 21. 02 2022.

To promote linguistic diversity and celebrate the richness of mother language Malayalam the day was celebrated. Questions on importance of mother tongue, cultural significance etc were included. Tongue twister contest was conducted. A contest known as “Madhura Maram” was included where participants recited famous Malayalam poems and songs. Students, faculty members and language enthusiasts participated. The day celebration successfully promoted language appreciation and cultural awareness among participants.

February 21

# International Mother Language Day

Program will conduct February 22

## PROGRAMS

- Quiz ( Pair )
- Tongue Twister
- Madhura Malayalam
- kavitha Maram

Teachers can also participate in all the programs except the Quiz

Collaboration with Malayala vedhi

NSS UNIT 008&171  
KAHM UNITY WOMEN'S COLLEGE MANJERI







KORAMBAYIL AHAMED HAJI MEMORIAL  
**UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)





## j. Workshop on Ganitha Yukti Bhasha organized by the Departments of Malayalam and Mathematics on 17th March 2022.

The Departments of Malayalam and Mathematics at K.A.H.M. Unity Women's College, Manjeri, jointly organized an insightful workshop on 17th March 2022, focusing on the Ganitha Yukti Bhasha, a historic mathematical treatise written in Kerala. The workshop was led by Chinchu Surendran, a distinguished scholar with expertise in the intersection of Sanskrit and mathematics. Ganitha Yukti Bhasha is a unique and important text that explains complex mathematical concepts in Sanskrit, demonstrating Kerala's significant contributions to the field of mathematics.

### Objectives of the Workshop:

- To provide an introduction to Ganitha Yukti Bhasha and its historical significance.
- To explore the mathematical concepts detailed in the text.
- To foster an interdisciplinary approach between language and mathematical sciences.

### Key Highlights:

During the session, Chinchu Surendran delved into the mathematical techniques described in Ganitha Yukti Bhasha, explaining their relevance and practical application in today's academic and mathematical studies. The workshop bridged the gap between the linguistic richness of Sanskrit and the logical rigor of mathematics, offering participants a rare opportunity to engage with both fields simultaneously. Participants, comprising students and faculty from both departments, actively engaged in discussions on the mathematical methods detailed in the text, gaining a deeper appreciation for Kerala's mathematical heritage.

### Conclusion:

The workshop concluded with a lively Q&A session, where participants explored further nuances of the text and its applications. The collaboration between the Departments of Malayalam and Mathematics provided a platform for an enriching interdisciplinary exchange, inspiring both students and scholars to continue exploring the connections between language, culture, and science. The event was a great success, highlighting the importance of integrating diverse fields of study to enhance the educational experience.

Workshop Focus. This workshop developed Kerala's rich tradition of mathematical studies, particularly focusing on Sanskrit mathematical treatises and the Malayalam work Yukti Bhasha. The workshop explored the contributions of Kerala scholars to the field of mathematics and the significance of Yuktibhāṣa as a seminal text in Malayalam Mathematics.







Yuktibhāṣa: A Malayalam Mathematical Text Yuktibhāṣa, composed by Jyeṣṭhadeva, is a pivotal text in Malayalam mathematics. Written in the Middle Malayalam language, it stands as a testament to Kerala's mathematical heritage. Yuktibhāṣa discusses topics like algebra, geometry, astronomy, and computation.

**Chinju Surendran: A Researcher**

Chinju Surendran is a prominent researcher in the field of Kerala's mathematical history. Her work on Yukti bhāṣa and other related texts has contributed significantly to our understanding of Kerala's mathematical traditions.



*Handwritten signature*

**PRINCIPAL**  
Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri



KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



Page 14 / 22







**k. Conducted an Inter-College Mappilappatu competition in association with Music Club and Moyinkutty Vaidyar Mappila Kala Academy (under the ministry of culture, Govt. of Kerala) 16.02 2022**

The objective of the programme as to promote and preserve the rich cultural heritage of Mappilappatu, a traditional Malayalam music form among students. 100 Students, faculty members, music enthusiasts and community representatives participated. The inter college competition successfully showcased Kerala's rich cultural heritage promoting unity, diversity and cultural appreciation promoting Mappilappatu among college student encouraging cultural exchange and fostering social cohesion.



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



# ചന്ദ്രിക



**കാമറ** യൂണിറ്റി വിമൻസ് കോളജിൽ നടന്ന ഇന്റർകോളജിയറ്റ് മാപ്പിളപ്പാട്ട് മത്സരം വിളയിൽ ഫസീല ഉദ്ഘാടനം ചെയ്യുന്നു.

## യൂനിറ്റി കോളജിൽ മാപ്പിളപ്പാട്ടുമത്സരം സമാപിച്ചു

മണ്ണെരി:കെ.എ.എച്ച് എം. യൂനിറ്റി വിമൻസ് കോളേജിൽ നടന്ന ഇന്റർകോളജിയറ്റ് മാപ്പിളപ്പാട്ട് മത്സരത്തിൽ പി.എം.എസ്.ടി. ആർട്സ് ആന്റ് സയൻസ് കോളേജ്, ഘണ്ടൂർ ഒന്നാം സ്ഥാനം നേടി. പി.എസ്.എം.ഒ. കോളേജ് തിരുരങ്ങാടി, സുല്ല്യമുസ്സലാം അറബിക് കോളേജ്, അരിക്കോട് എന്നീ കോളേജുകൾ യഥാക്രമം രണ്ടും മൂന്നും സ്ഥാനങ്ങൾ കരസ്ഥമാക്കി.

മഹാകവി മോയിൻകുട്ടി വൈദ്യരുടെ പാട്ടുകൾ മാത്രം ഉൾപ്പെടുത്തി നടത്തിയ മത്സരംകൊണ്ടോട്ടി മോയിൻകുട്ടി വൈദ്യർ മാപ്പിള കലാ അക്കാദമിയുടെ സഹകരണത്തോടെ കോളജിലെ മ്യൂസിക് ക്ലബ്ബും മലയാളവേദിയും സംയുക്തമായാണ് സംഘടിപ്പിച്ചത്. മാപ്പിളപ്പാട്ട് ഗായിക വിളയിൽ ഫസീല ഉദ്ഘാടനം ചെയ്തു. വൈദ്യർ അക്കാദമി ചെയർമാൻ ഡോ.ഹുസൈൻ രണ്ടത്താണി മുഖ്യപ്രഭാഷണം നടത്തി. പ്രിൻസിപ്പൽ ഡോ.സി.സൈതലവി അധ്യക്ഷത വഹിച്ചു. ഇസ്ഹാഖ് കുരിശ്ശി, ഫൈസൽ ഏളേറ്റിൽ, ഗായിക മുഹമ്മദ് സാജിദ, ഡോ.മുഹമ്മദലി കോരമ്പയിൽ, ജസീന, ഡോ.തസ്നീം, ഡോ.വി.ഹിക് മത്തുല്ല, നാസർ തറമണ്ണിൽ, സിദ്ദീഖ് പെരിഞ്ചിരി, ഷറഫുദ്ദീൻ ഏകെ സംസാരിച്ചു. കാലിക്റ്റ് യൂനിവേഴ്സിറ്റിക്ക് കീഴിലുള്ള 21 കോളേജുകളിലെ ഗായകസംഘങ്ങൾ മത്സരിച്ച പരിപാടിയിൽ വിജയികൾക്ക് കോരമ്പയിൽ അഹമ്മദ് ഹാജി സ്മാരക പ്രദാനവും സമ്മാനത്തുകയും മാനേജർ ഒ.അബ്ദുൽ അലി, പി.മുഹമ്മദ് എന്നിവർ വിതരണം ചെയ്തു.

**PRINCIPAL**  
 Korambayil Ahamed Haji  
 Memorial Unity Women's  
 College, Manjeri







## IV. SEMINAR ON TRADITIONAL FOODS AND WELLNESS BY DEPARTMENT OF HOME SCIENCE

### 1. Name of the programme: Traditional Foods and Wellness

### 2. Aim, Objectives, and Scope of the programme:

#### Aim:

- To explore the significance of traditional foods in Kerala and their impact on wellness.

#### Objectives:

- To create awareness about the significance of traditional Kerala foods.
- To explore the nutritional benefits of traditional Kerala foods.
- To understand the role of local ingredients and techniques used in traditional Kerala cooking.
- To discuss the importance of preserving traditional food culture and its impact on community wellness.
- To educate participants on how to incorporate traditional Kerala foods into their daily diet for improved health and wellness.

#### Scope:

- Exploration of traditional Kerala cuisine and its cultural significance.
- Discussion on preserving traditional food culture and community wellness.

**Name of the coordinator/organizing secretary:** Ms. AS Anitha Begum, Associate Professor and Head and Dr. Annie Ninan, Associate Professor and Co-ordinator, IQAC.

**Date of programme:** 01/11/2020.

**Mode of the programme (offline/online):** Online

**Total number of attendees/participants:** 30

**Organizing body:** IQAC and PG Department of Home Science, KAHM Unity Women's College, Manjeri.

**Organizing committee members:** Dr. NV Fatimathu Zuhara, Assistant Professor and Ms. Bushaira V, Assistant Professor

**Students' involvement in organizing the programme:**

Ms. Sitana VI Sem BSc. FCS

**Detailed report of the programme:**



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





Kerala, a state in Southwestern India, is renowned for its rich cultural heritage and unique culinary traditions. The traditional food of Kerala is not only a reflection of its history and geography but also a testament to its emphasis on wellness and holistic health. The Webinar as conducted on November 1<sup>st</sup> 2020, commemorating Kerala Piravi Day exploring the significance of traditional Kerala foods in promoting wellness and celebrating the state's rich culinary heritage. The keynote speaker Dr Aneena, Assistant Professor, Department of Community Science, College of Horticulture, highlighted traditional Kerala foods as a perfect blend of nutrition and flavour. She also emphasised on the local ingredients, spices and various techniques used in its preparation. The webinar successfully celebrated Kerala Piravi Day highlighting the significance of traditional Kerala foods in promoting wellness. Participants gained valuable insights into the nutritional, health benefits and preparation methods behind these foods.



16. Feedback

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



KORAMBAYIL AHAMED HAJI MEMORIAL  
**UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
 (Govt.- Aided and affiliated to University of Calicut)  
 [Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
 www.unitywomenscollege.ac.in



Email Address	What was the primary focus of the webinar?	What was explained during the webinar?	What was recommended for participants to do after the webinar?	How do you rate the overall quality of the webinar?	Name	Class
shanashanaka91@gmail.com	Exploring traditional Kerala cuisine.	Healthy preparation methods for traditional Kerala dishes	Incorporate traditional Kerala foods into their diet.	Excellent	Shana	Family & community Science
safeedasarinkt2001@gmail.com	Exploring traditional Kerala cuisine.	Healthy preparation methods for traditional Kerala dishes	Incorporate traditional Kerala foods into their diet.	Good	Safeeda	Home science
suhailasayeed942@gmail.com	Exploring traditional Kerala cuisine.	Healthy preparation methods for traditional Kerala dishes	Incorporate traditional Kerala foods into their diet.	Excellent	Fathima Suhaila .N	B Sc Family and community science
cmanshiya@gmail.com	Exploring traditional Kerala cuisine.	Healthy preparation methods for traditional Kerala dishes	Incorporate traditional Kerala foods into their diet.	Good	ANSHIYA cm	Fcs
noushidacp03@gmail.com	Promoting modern cooking techniques	Modern cooking techniques	Focus on modern cooking techniques	Excellent	Noushida c	Bsc fcs



*Handwritten signature*



KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



hennatth@gmail.com	Exploring traditional Kerala cuisine.	Healthy preparation methods for traditional Kerala dishes	Incorporate traditional Kerala foods into their diet.	Good	Henna	Bsc. Fcs
lamathammal@gmail.com	Promoting modern cooking techniques	Restaurant management	Focus on modern cooking techniques	Good	Lama	2 nd year
anjanatt88@gmail.com	Promoting modern cooking techniques	Healthy preparation methods for traditional Kerala dishes	Incorporate traditional Kerala foods into their diet.	Excellent	Anjana TT	3 rd year FCS
shadiyashadiya747@gmail.com	Exploring traditional Kerala cuisine.	Healthy preparation methods for traditional Kerala dishes	Stop cooking traditional foods.	Excellent	Shadiya	Degree pa out



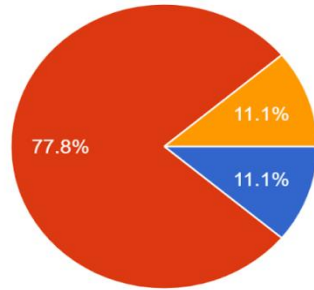
*[Handwritten Signature]*  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





What was explained during the webinar?

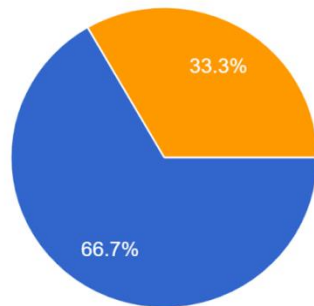
9 responses



- Modern cooking techniques
- Healthy preparation methods for traditional Kerala dishes
- Restaurant management

What was the primary focus of the webinar?

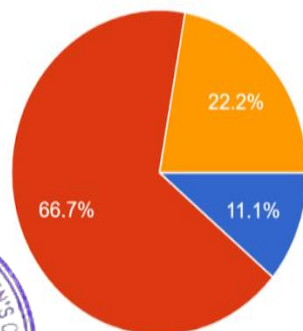
9 responses



- Exploring traditional Kerala cuisine.
- Discussing chronic diseases
- Promoting modern cooking techniques

What was recommended for participants to do after the webinar?

9 responses



- Stop cooking traditional foods.
- Incorporate traditional Kerala foods into their diet.
- Focus on modern cooking techniques

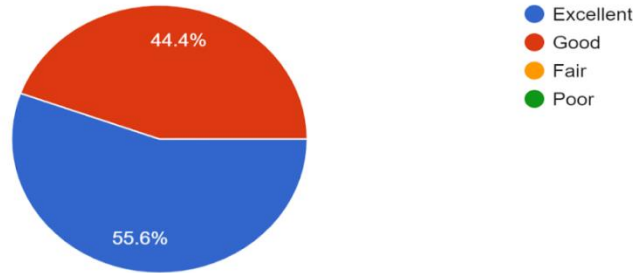


*[Signature]*  
**PRINCIPAL**  
 Korambayil Ahamed Haji  
 Memorial Unity Women's  
 College, Manjeri



How do you rate the overall quality of the webinar?

9 responses



### Feedback Analysis

The results showed that the healthy preparation methods for the traditional Kerala dishes were explained with all the details and the participants were interested to incorporate the food into their daily menu. The overall quality of the webinar was found to be excellent.

### Out come

The participants learned about the significance of traditional Kerala foods in maintaining overall health and wellness.

Faculty in Charge (Criteria III)

Dr. Annie Ninan

Associate Professor

DOAC Convenor

Dr. NV Fatimathu Zuhara

Assistant Professor

Head of the Dept.

Mrs. AS Anitha Begum

Associate Professor

  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



## V. ERNAD HISTORY MUSEUM

The History Museum at Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri, is a treasure trove of cultural and historical significance. Inaugurated in 2014, the museum aims to preserve and showcase the region's rich heritage, promoting unity and cultural understanding.

### The objectives of museum are:

- (1) to showcase traditional knowledge and skills.
- (2) to display household items and artifacts of historical significance
- (3) to exhibit students' handmade replicas of historical monuments and artifacts
- (4) to showcase old tools and equipment
- (5) to provide an interactive platform for learning and research.

Since its inception, the museum has welcomed numerous school students, researchers, and history enthusiasts. The museum boasts rare collections, including ancient coins, manuscripts, and agricultural tools. The exhibits also feature traditional clothing, jewellery, and utensils, offering a glimpse into the daily lives of our ancestors. Students' handmade items, such as replicas of historical monuments and artifacts, demonstrate their creativity and understanding of historical events. By preserving and showcasing the past, the History Museum inspires future generations to appreciate their cultural heritage and promote unity.

### Inauguration of History Museum

On December 31, 2013, Prof. T Muhammed Hussain, former Head, PG Department of History, PSMO College, Tirurangadi, inaugurated History Museum at Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri. In the inaugural ceremony of the History Museum, Prof. Hussain delivered an insightful address on the importance of museums in preserving cultural heritage. The museum, a first of its kind at the college, is dedicated to showcasing a variety of historical artifacts, including traditional household tools, agricultural implements, students' handmade replicas of monuments, and rare collections of coins and stamps.

The inauguration ceremony was presided over by Principal Dr. C Saidalavi, and several faculty members were present, including Librarian Basheer Hussain Tangal, Staff Secretary Vineetha, and faculty members Dr. Salam C and Jaseena C, who offered their felicitations. The Head of the Department of History, Shabeermon M, welcomed the gathering, while Association Secretary Ms. Shifna Shirin extended vote of thanks.



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





KORAMBAYIL AHAMED HAJI MEMORIAL  
**UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



The History Museum represents a significant commitment by the college to foster cultural awareness and historical understanding. By offering a space for the preservation and exhibition of valuable artifacts, the museum aims to serve as an educational resource for students and the broader community. The college management and faculty have expressed their dedication to further developing the museum into a premier center for cultural and historical learning in the region.



  
**PRINCIPAL**  
**Korambayil Ahamed Haji**  
**Memorial Unity Women's**  
**College, Manjeri**



KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



n. Yoga

48

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## VI. CELEBRATED INTERNATIONAL YOGA DAY ON JUNE 21<sup>ST</sup> 2022

Celebrated International yoga day on June 21 at CH auditorium. The function started at 10:30 am with a welcome speech by Mr. Hamraz Ahamed M, asst. prof and head, dept. of physical education, followed by a keynote address on importance of yoga day and why it is celebrated on June 21. Ms. M K Vineetha, asst. prof. in English inaugurated the function. Fathima Jumana, student, final year BCom CA presented a brief session on Surya namaskar. After that a detailed display of Surya namaskar was done by the students of physical education, Ms. Loosiya KP, asst. prof. in home science and it was led by Mr. Hamraz Ahamed M. Finally, the vote of thanks was carried out by Fathima Diya KK, student of B.Com CA. All the students, teaching staffs and non-teaching staffs watched the whole function without fail.



Manjeri, KL, India  
Emad, Manjeri, 676121, KL, India  
Lat 11.129849, Long 76.083613  
06/21/2022 10:50 AM



Manjeri, KL, India  
Emad, Manjeri, 676121, KL, India  
Lat 11.129792, Long 76.083589  
06/21/2022 10:57 AM



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



*[Handwritten Signature]*  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## VII. FOOD FEST

### EBSB Day Celebration (FEBRUARY)

EBSB Day celebration planned on 27.02.2020 was preponed to 25.02.2020 due to the centralised valuation camp. "HIMAKE" Food Fest showcasing the cuisines of Himachal Pradesh and Kerala was organised. There were 23 Food stall organisers, and the total number of participants included more than 300. Pictures of the famous foods of Himachal Pradesh like Babru, Jhol, Mithadi, Tupka, Tudkiya Bhat, etc. were displayed on the notice board along with the location and photos of Himachal Pradesh.



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





**ഇ.ബി.എസ്.ബി ദിനം ആഘോഷിച്ചു**

മഞ്ചേരി: മാനവ വിഭവശേഷി മന്ത്രാലയം നടപ്പാക്കുന്ന ഏക് ഭാരത് ശ്രേഷ്ഠ ഭാരത് (ഇ.ബി.എസ്.ബി) ക്യാമ്പയിന്റെ ഭാഗമായി മഞ്ചേരി കൊമ്പയിൽ അഹമ്മദ് ഹാജി മെമോറിയൽ യൂനിറ്റി വനിത കോളജിൽ ഇ.ബി.എസ്.ബി ദിനം ആഘോഷിച്ചു. ഹിമാചൽ പ്രദേശിനെക്കുറിച്ചുള്ള പ്രദർശനവും അവരുടെ പരമ്പരാഗത നൃത്തമായ പഹാരി നാട്ടി എന്ന നൃത്തകലയും ഹിമാചൽപ്രദേശ് നിവാസികളുടെ വിഭവങ്ങളും ഇവയുടെ ഭക്ഷണ സ്മാരകം പരിപാടിയുടെ ഭാഗമായി നടന്നു.



*Handwritten signature*

**PRINCIPAL**  
Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri



# ചന്ദ്രിക

# ചന്ദ്രിക



മഞ്ചേരി യൂണിറ്റി വിമൻസ് കോളജിൽ നടന്ന ഇ.ബി.എസ്.ബി ദിനാഘോഷത്തിൽ നിന്ന്

Malappuram Edition  
1 Feb, 2020 Page No. 15  
Powered by : erelego.com

## മഞ്ചേരി യൂണിറ്റി കോളജിൽ ഇ.ബി.എസ്.ബി ദിനാഘരണം നടത്തി

മഞ്ചേരി : മാനവ വിഭവ ശേഷി മുന്നോട്ടു നയിക്കാനും നേട്ടം നേടാനും എക്സലൻസ് ആയിരിക്കാനും എന്ന കൃത്യതയോടെ മഞ്ചേരി കോളജിൽ അഹമ്മദ് ഹാജി മെമ്മോറിയൽ യൂണിറ്റി വിമൻസ് കോളജിൽ ഇ.ബി.എസ്.ബി ഡേ ആഘോഷിച്ചു.

മതം ജാതി ഭാഷ വേഷം എന്നിവ വിലിനമാണെങ്കിലും മനുഷ്യത്വം നമ്മളെ ഒന്നിപ്പിക്കുന്നു എന്ന ആശയത്തെ ഉയർത്തിപ്പിടിച്ചുകൊണ്ട് കോളജിലെ ഇ.ബി.എസ്.ബി ക്ലബ്ബ് ഹിമാചൽ പ്രദേശിനെക്കുറിച്ചുള്ള പ്രദർശനവും അവരുടെ പരമ്പരാഗത നൃത്തമായ പഹാരി നാട്ടി എന്ന നൃത്ത കലയും ഹിമാചൽപ്രദേശ് നിവാസികളുടെ വിഭവങ്ങളും ഇവയുടെ ക്ഷേമ സ്റ്റാളും പ്രോഗ്രാമിന്റെ ഭാഗമായി സംഘടിപ്പിച്ചു.

ക്ലബ്ബ് അഡ്വൈസർ ഡോ.എ സി മീര ദേവി, ഇ.ബി.എസ്.ബി കോഡിനേറ്റർ ശ്രീമതി ഫാത്തിമത്തു സുഹറ, ഡോ.ആനി നൈനാൻ എന്നിവർ സംസാരിച്ചു.

Malappuram Edition  
1 Feb, 2020 Page No. 15  
Powered by : erelego.com



*[Handwritten Signature]*  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## VIII. CULTURAL INITIATIVES

### 1. Celebrating Indian festivals and events, Onam, Christmas, Holi, Eid, keralappiravi celebration

As a part of Malayala vedi at KAHM Unity Women's College Manjeri, department of Malayalam celebrated Kerala Piravi Day on 2023 November 2. Commemorating Kerala foundation and Malayalam Language Day. The event was a vibrant gathering with various activities and performances. Dr. Hikmathulla v, head & Assistant professor in Malayalam, was the keynote speaker, contributing insights and perspectives on the occasion. Arifa Beegum Assistant Professor in Malayalam, welcomed the guests, contributing to the event's warm reception. Rifa from the BSc Botany department efficiently coordinated the program. Farseena (3<sup>rd</sup> Sem FCS) and Murshida (3<sup>rd</sup> Sem Botany) delivered engaging lectures in Malayalam. The Kerala Piravi song was beautifully performed by Vismaya & team from the BSc History department, accompanied by Dilna (3<sup>rd</sup> Sem FCS. Parvathi (3<sup>rd</sup> Sem chemistry) added vibrancy and enthusiasm to the event. Yushra delivered a heartfelt vote of thanks, expressing gratitude to all participants and attendees.



*(Handwritten signature)*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



## Bakrid Fest

There are numerous pragmatic implications of cultural activities. By engaging in such activities, students develop greater zeal and self-assurance. These activities also foster in the students a sense of teamwork and responsibility. Students learn to confront obstacles and find solutions to actual problems. Additionally, it is believed that students become more career oriented. They can choose their area of interest early on. Cultural activities provide students with opportunities for social interaction. They are no longer introverted after learning the art of forming relationships. They are taught how to cultivate healthy relationships with their classmates. The majority of cultural activities are performed in groups, allowing students to develop a deeper understanding of their peers. Interaction with students from diverse backgrounds facilitates the growth of interpersonal skills. Students become more social and learn to respect others as a result. It is believed that students who participate in cultural activities achieve academic success. This is because such activities teach them discipline and time management. This enables them to plan their schedule appropriately and improves their learning experience. The cultural activities increase the students' self-assurance, allowing them to perform better. These activities cultivate the students' personalities and aid in the formation of successful careers. In fact, students can also benefit from participating in a variety of activities.

Considering the above-mentioned objectives, the Arts club of K.A.H.M. Unity Women's College conducted Bakrid Fest 2022 on July 8 at 9.45 a.m. in C.H. Auditorium. The festival was presided over by Dr. Mohammad Basheer Ummathur, the college's principal. He reflected on the significance of the cultural festival in the curriculum and how it fosters social cohesion, leadership qualities, and team spirit among the student community. Mr. O. Abdul Ali, the manager, inaugurated the function and delivered the Bakrid message. Mr. Sidhique p, Director of the Arts, welcomed the gathering. Dr. AK Shahina mol (I.Q.A.C. coordinator), Ms. Jaseena (staff secretary), and Mr. Basheer Hussain Thangal (NTS representative) offered the felicitation. Dr. Thasnim P, Director of the arts, proposed a vote of gratitude. There were three different contests (oppana, Mappilappattu, mehndi, Quiz). The programme was conducted at the department level to ensure maximum involvement from each student and to inculcate in them a spirit of competition. With the participation of several faculty members, the programme became more engaging.





Feedback analysis

Name	Class	Roll No	How will you rate the programme?
FATHIMA NIDHA P	B.SC COMPUTER SCIENCE		Excellent
RINSHA SHERIN	B.SC CS	1	Excellent
RINSHA SHERIN	B.SC CS	1	Good
SHARMINA THASNI	B.SC CHEMISTRY 1ST SEMESTER	,	Good
FIDHA.K	FIRST YEAR B.SC.CS		Good
AFEELA SHARIN KP	B.SC CS		Good
ADILA HAMNA CA	B.SC CS	8965	Good
NOURIN CK	1ST SEM B.SC. CHEMISTRY	0	Excellent
FATHIMA DILHIBA. A.K	B.SC. CS	0	Good
SANAHA	BA ENGLISH	1586	Good
SHIFNA JAHAN	3RD SEMESTER BA ENGLISH	1574	Excellent
FARSEENA. N	B.SC. MATHS 5TH SEM	849	Good
ASNA SHERIN. PK	BA ENGLISH THIRD SEMESTER	1578	Excellent
HASIFA SHERIN. CP	B.SC CS		Good
FATHIMA JESNI CP	B.SC CHEMISTRY	1345	Excellent
NUMA NASRIN VP	B.SC CHEMISTRY	1354	Excellent
SANJANA YASMIN CK	5TH SEM B.SC MATHEMATICS	835	Good
RINSHA K	B.SC CHEMISTRY	1335	Excellent







KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



SREESHNA	BA ENGLISH	1601	Good
	3RD SEM B.SC		
HASNA NUSRY PN	CHEMISTRY	1327	Excellent
FASEELA JASMIN PT	B.SC MATHEMATICS	822	Excellent
DILRUBA	3RD SEM BA ENGLISH	1591	Excellent
	BSC MATHEMATICS		
FATHIMA FEMINA VP	2ND YR	1495	Good
	2ND YEAR BSC		
FATHIMAMINHA C	CHEMISTRY	1346	Good
RAHMA PADIKKAMANNIL	3RD SEMESTER BSC MATHEMATICS	1508	Excellent
VAISHNA.C	BA ENGLISH	1602	Satisfactory
VRINTHA V P	BA ENGLISH 3 RD SEM	1604	Excellent
	5TH SEMESTER		
MANNA PK	MATHEMATICS	831	Excellent
NANDANA.V	B.SC MATHEMATICS	1528	Excellent
	3RD SEMESTER BA		
FATHIMA FIDA K.	ENGLISH	1558	Good
FATHIMA HIBA V	B.SC MATHEMATICS	8988	Excellent
FATHIMA NASRIYAH KV	B.SC MATHEMATICS	825	Good
SHINCY.K	B.SC MATHS	1511	Good
SHAMLI P	3RD SEM BA ENGLISH	1600	Excellent
HANEENA	B.SC MATHEMATICS	1525	Excellent
	B.SC MATHEMATICS,		
JIFNA THONDIKKAL	3RD SEM	1504	Good
	1 ST SEM B.SC		
LUBNA SHAHIN P	MATHEMATICS		Excellent
	3RD SEM		
MIRSHANA SHERIN	MATHEMATICS	1517	Good



*Handwritten signature*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri

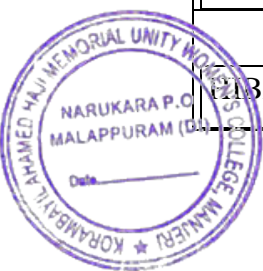


KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



	BSC MATHEMATICS 3RD YEAR	866	Excellent
RASIYA SULTHANA			
	BSC MATHEMATICS FIFTH SEMESTER	845	Excellent
AMEENA PARAYANGATT			
DIVYA VR	BA ENGLISH 2ND YEAR	1592	Excellent
ANSHIDA PP	BSC MATHEMATICS	1492	Excellent
	1ST SEM BSC MATHEMATICS	8806	Excellent
HIBA JASMINE.P			
	BA ENGLISH 3RD SEMESTER	1595	Satisfactory
LANA NARAYANAN. K			
ATHIRA. C	3RD SEM BA ENGLISH	1588	Satisfactory
	BSC MATHEMATICS, 3 RD SEMESTER	1518	Good
MIZNA AP			
	B.SC MATHEMATICS 3 RD SEM	1514	Good
FATHIMA HASNA C			
	B.SC MATHEMATICS 3 RD SEM	1509	Good
SAFA SHERIN CK			
	FIFTH SEMESTER B.SC CHEMISTRY	613	Excellent
ASNA K			
HIBA THASNEEM CK	B.SC CHEMISTRY	620	Good
SHAFRIN. TT	B.SC CHEMISTRY	631	Good
HUSNA RAYHANA C	B.SC MATHEMATICS	1527	Good
SHIFA CK	B.SC CHEMISTRY	632	Good
NASEEMA SHERIN V	B.SC CHEMISTRY	653	Good
NOORFATHIMA PP	B.SC MATHEMATICS	1532	Excellent
	3RD SEMESTER B.SC MATHEMATICS	1515	Fair
ABBA U			



*Handwritten signature*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



	5TH SEM B.SC		
FAHIRA. N	CHEMISTRY	648	Good
	FIFTH SEM B.SC		
RUSHAIDA BANU.V	CHEMISTRY	629	Excellent
SHAFANA LIYA VP	B.SC MATHS	1519	Fair
AYISHA SAMAR	3RD SEM BA ENGLISH	1554	Good
SHAMILA SHERIN	BA ENGLISH 3RD SEM	1587	
	3 SEM BSC		
MUFEEDHA K	MATHEMATICS	1506	Good
	B.SC CHEMISTRY, 5TH SEM		
KEERTHANA SIVAN		652	Excellent
HASNA JAHAN V.	BA ENGLISH	1562	Excellent
	5TH SEM BSC		
ANOONA HAKEEM T N	CHEMISTRY	645	Excellent
JASIYA SHERIN CK	B.COM COOPERATION	8784	Excellent
SHAMSHEERA JABEEN	B.COM COOPERATION	8804	Excellent
	B.SC COMPUTER SCIENCE		
SHAHANA SHERIN NH		1267	Good
AYSHA NISHMA	5TH SEM CHEM	633	Excellent
	BSC THIRD SEM		
SAFNA SHERIN EK	COMPUTER SCIENCE	1291	Excellent
SHIBILA NARGEES VP	B.COM COOPERATION	1103	Excellent
COOPILE PILLER	BCOM COOPERATION	.	Fair
COOPUKAL	BCOM COOPERATION	.	Fair
	BSC COMPUTER SCIENCE		
JIHANA. A		1258	Good
SARAH HAMZA. M	BCOM COOPERATION	1102	Fair
SAFNA CP	BCOM COOP	23	







KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



	3RD SEM, BSC		
SHANA BUHAISA P	COMPUTER SCIENCE	1292	Good
SHIMNA	BCOM COOPERATION	31	Fair
HIBHA FEBIN. AM	BCOM COOPERATION	1715	Good
	B.SC.COMPUTER		
RINSHA.K	SCIENCE (2ND YEAR)	1280	Fair
RAISHADA M	BSC CHEMISTRY	1348	Excellent
SAVITHRI P	3RD SEM CHEMISTRY	1355	Excellent
	BSC CHEMISTRY 3RD		
AMLA KALANGOTTIL	SEM	1312	Good
FATHIMA MIRSHANA TP	BSC CHEMISTRY	1322	Good
SHAMILA NK	BCOM COOP	46	Good
ANIKETH RANJIT	BCOM COOPERATION	34	Excellent
VAFA MUSTHAFA K	BSC MATHEMATICS	844	Excellent
	BSC COMPUTER		
BINZIYA SIDDIK	SCIENCE	1285	Fair
	BSC MATHEMATICS		
ANJALA FARHA	5TH SEM	821	Excellent
	5TH SEM, BSC		
MUSAINA	CHEMISTRY	627	Excellent
HAILA SHABEER	BA ENGLISH	1561	Good
NIDHA VM	BSC CS	90	Good
MUNNI NK	3RD SEM BA ENGLISH	1568	Excellent
ARYA. K	BCOM CO-OPERATION	1750	Excellent
SHIBILA SHERIN C	BA ENGLISH	1573	Good
	THIRD SEM BA		
ASHIDA.T	ENGLISH	1553	Good
RENJU. E. K	3RD SEM BA ENGLISH	1597	Excellent
HA FA KK	BSC . MATHEMATICS	8781	Excellent



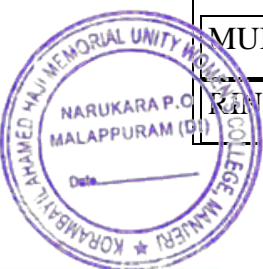


KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



	BSC COMPUTER		
FATHIMA NASRIN PP	SCIENCE	1272	Excellent
FARHANA	3RD SEM BA ENG	1556	Excellent
	THIRD SEM BSC		
SHANA K A	COMPUTER SCIENCE	1269	Good
	3RD SEM BSC		
SHAHANA SHERIN T	CHEMISTRY	1341	Excellent
FATHIMA S	BSC MATHEMATICS	8895	Good
	B.SC COMPUTER		
HUSNA M M	SCIENCE	1273	
GOPIKA	BSC CS	1288	Good
	THIRD SEM BSC		
NIDA ABDUL RAZAK	CHEMISTRY	1351	Good
ANSHATHA. V	BA ENGLISH	1551	Excellent
FATHIMA MUFLIHA CP	BSC MATHEMATICS	.	Excellent
RISNA C	BCO COOP 3RD YEAR	1101	Good
KHADEEJA MOHAMED			
BASHEER	BSC BOTANY		Good
FATHIMA HIBA	BSC BOTANY	---	Good
RANA BACKER A	BSC BOTANY	-	Excellent
SANA V	1ST YEAR BSC BOTANY	Nil	Good
NUMA NASRIN VP	BSC CHEMISTRY	1354	Excellent
	3RD SEM B. SC.		
SAFNA MUBASHIRA P	CHEMISTRY	1337	Good
SHAKIRA JUMANA	BSC CHEMISTRY	1342	Excellent
	BSC CHEMISTRY 3RD		
MUBEENA AM	SEM	1347	Excellent
KENSHA K	3RD SEM	1335	Excellent





KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
www.unitywomenscollege.ac.in



	3RD SEM BSC		
DILSHA K	CHEMISTRY	1314	Good
FATHIMA MINHA	2À '£Àµ □ À 'ŸÀµ □ YERA	1346	Satisfactory
	BSC CHEMISTRY 3 RD		
SAIFUNNISA MK	SEM	1339	Excellent
BISHNEEN. KL	BA ENGLISH 1ST SEM	7	Good
YUSRA	BA ENGLISH	-	Excellent
	BA ENGLISH		
FATHIMA SHIFA.U	LITERATURE	8984	Good
JUMANA ASEEM CP	BA ENGLISH 1&2SEM	29	Excellent
SHAHADA SHERIN. K	BA ENGLISH	--	Satisfactory
FATHIMA NABEELA	MA ENGLISH 1 SEM	7	Excellent
	FIRST YEAR M.A		
LAMYA U	ENGLISH	12	Excellent
SHAMLA.K.K	MA ENGLISH	21	Good
RIMSHI	MA ENGLISH	9	
SHAMNA SHERIN. P	1ST SEM M.A ENGLISH	22	Excellent
FAHMA	1ST SEM MA ENGLISH	2	Excellent
SINSI N K	1 SEM M A ENGLISH	24	Excellent
SRUTHI. KP	1SEM MA. ENGLISH	26	Excellent
	1ST SEMESTER MA		
FATHIMA HARSHANA PN	ENGLISH	6	Excellent
FATHIMA RIFA	MA ENGLISH 1ST SEM	8	Good
NAJA FUHADA	ISEM MA ENGLISH	15	Good
AYSHA SULHATH AV	1ST MA ENGLISH	2	Good
	FIRST SEM MA		
HANAB PK	ENGLISH	30	Excellent
MIYA HANAN P	1ST SEM MA ENGLISH	16	Good
ANJIMA PK	1ST SEM MA ENGLISH	13	Excellent



*Handwritten signature*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





KORAMBAYIL AHAMED HAJI MEMORIAL  
**UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
 (Govt.- Aided and affiliated to University of Calicut)  
 [Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



THANVEERA THASNEEM			
P	1ST MA ENGLISH	29	Good
SALHA MARIYAM			
SALEEM	MA ENGLISH	17	Excellent
SHAHANA SHERIN	PG FIRST SEM	18	Good
	BSC CHEMISTRY 3RD		
NISHNA.K	SEMESTER	1352	Excellent
MURSHIDA	MA ENGLISH	14	Good
NIHALA JIBI PK	BA ENGLISH 1ST YEAR	Nil	Excellent



**PRINCIPAL**  
 Korambayil Ahamed Haji  
 Memorial Unity Women's  
 College, Manjeri



## 75<sup>th</sup> Independence Day Celebrations



75<sup>th</sup> Independence Day Celebrations at KAHM Unity College Manjeri was inaugurated by Dr. K. S. Madhavan, the renowned historian and public intellectual who took the audience on an awakening and enlightening journey of the spirit of freedom and independence highlighting the concept of "Swaraj" as envisioned by legendary leader like Jawaharlal Nehru, Mahatma Gandhi, B. R. Ambedkar and the like. He highlighted those constitutional values such as secularism, justice and cultural inclusiveness must be celebrated in the wake of 75th Independence Day celebrations. The Anti-colonial perspective and the inclusive democratic spirit which led the freedom fighters and the people alike formed the rock bed of revolutionary



*Handwritten signature*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





movements in Indian History which he said should be laid down as sharing memories in every Indian's consciousness especially among the youth. Chief Guest of the day Dr. K. S. Madhavan inaugurated the Azadi Square and visited the Freedom Wall. Sri. O. Abdul Ali, College manager, declared the winners of the Freedom Wall Painting. Er. O. Abdul Ali, Manager, Dr. A K. Shahina Mol, IQAC Coordinator, Ms. Jaseena, Staff Secretary, Mr. Basheer Hussain Thangal, non-teaching staff representative, and Mr. Musthafa, PTA Vice president felicitated the programme. The inauguration was followed by cultural events and competitions including patriotic song, Tableau, Quiz Face painting, fusion dance and Cultural Mix. IQAC, Department of History, Arts Club, EBSB Club, NCC, NSS and students from all departments added special flavour to the occasion with multiple events that promoted the theme of national integration. Mr. Shabeer Mon, HoD of History, formally welcomed the gathering and Mr. Sidhique, Convenor of Arts Club, rendered vote of Thanks.

### Onam Celebration

This year's Unity Onagosham was celebrated in a grand manner on Thursday 1st September 2022 under the leadership of Fine arts Club, IQAC, NCC, NSS, and Physical Education Sections. Teams from various departments participated in competitions such as Tiruvathirakali, Pookalam, Musical Hat, and Tug of War. The psychology team won the tug-of-war competition in which nine departments participated. The Family and Community Science team became the runners-up. In 'Pookala' competition, the Mathematics, B.Com CA, and English departments won one, two, and three positions, respectively. A ripple of excitement went through the auditorium as the teachers performed Thiruvathira. The colourful ceremony was inaugurated by Principal Dr. Muhammad Basheer Ummatur. In the program, the head of the chemistry department, Dr. P. Jyoti, gave the welcome message. I.Q. A.C. Coordinator Dr. AK Shahinamol, NTS Secretary Basheer Hussain Thangal, and Staff Club Secretary Jasina C congratulated the students. Fine arts Club Coordinator Siddique P. welcomed the gathering and Hamraz Ahmed proposed a vote of thanks.



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





KORAMBAYIL AHAMED HAJI MEMORIAL  
**UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



KORAMBAYIL AHAMED HAJI MEMORIAL  
**UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



*[Handwritten Signature]*  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



## Christmas Celebration

K.A H.M Unity Women's College, Manjeri celebrated Christmas in the College Auditorium on 23<sup>rd</sup> December 2022 at 2 Pm. All the faculty members and students were present in large numbers to celebrate the birth of Lord Jesus Christ. A specially ordered Christmas cake sweetened the already festive atmosphere. There was great joy among the students and their teachers when the college choir sang the traditional Christmas carols with devotion and gusto. Dr. Annie Ninan explained the spiritual meaning of Christmas to the students and pointed out the relevance of the teachings of Jesus Christ, in which Love, Joy, Forgiveness and Peace are core values to be practiced for world peace and harmony. The sudden arrival of Santa Claus added more fun and the Christmas cake was cut by the Principal Dr. Muhammed Basheer Ummathur. The College Manger, O Abdul Ali , IQAC Coordinator, Dr. A. K. Shahina Mol, Fine Arts Directors Mr. Sidhique P and Dr. Thasnim P and Fine Arts Secretary , Safa offered Felicitations. The memory of that celebration still lingers in our minds as a very memorable joyous event.



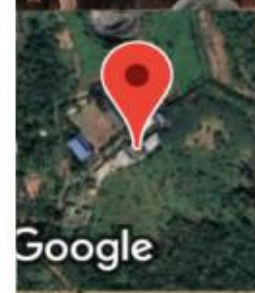
  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



ERICA STUDENTS' UNION  
PRESENTS



CHRISTMAS DAY CELEBRATION

DEC 23 | FRIDAY  
2022



KAHM UNITY WOMEN'S COLLEGE, MANJERI



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



### Familiarising Local Traditional Games:

Local traditional games were introduced to familiarize and promote local traditional games, preserving cultural heritage and encouraging student participation. Tug of war, a traditional Team-building game, Uriadi, a traditional Indian wrestling and Kalarippayattu an ancient Martial Art. Inclusion of these games raise interest awareness about local traditional games, encourage physical activity, and teamwork and foster cultural appreciation.



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## Tug of War



## Uriadi



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





### Kalarippayattu



*Handwritten signature*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## Exhibitions showcasing Indian heritage and history

An exhibition was conducted by the department of History showcasing rare and historical artworks promoting awareness and appreciation of India's rich cultural heritage among students and other visitors.



Page 4 / 8



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



KORAMBAYIL AHAMED HAJI MEMORIAL  
**UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## IX. COMMUNITY OUTREACH

### 1. Preservation of heritage sites

#### A. Patterkulam Kudakkallu

The History Association of Manjeri KAHM Unity Women's College has demanded that the Kodakallu, a remnant of Megalithic period located at Pattarkulam, should be preserved. This Stone built Kudakallu, situated on a paddy field 200 meters away from Patarkulam Angadi, had used to bury human dead bodies during the Megalithic period. The Kerala government has decided to declare this Kudakall as a protected monument in 2020. But the related work has not progressed till now. The information is that the owners have informed to give away the place where the stone is located and the road at 3 meters wide. In ancient times, bodies buried in Nannangadi, were surrounded by three or four big pieces of stones and a mushroom-shaped lid on top. Unity Women's College Department of History has urged that such monuments, which shed light on an era, need to be preserved. The students have decided to put up a sign board at Patarkulam.. The students and teachers of BA third year history department visited Patarkulam Kudakallu on 13 th September 2022.

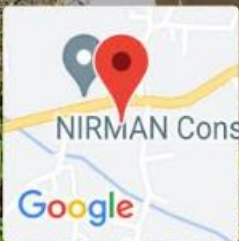


  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



# KORAMBAYIL AHAMED HAJI MEMORIAL UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



Manjeri, Kerala, India  
43CW+4FV, SH28, Patterkulam, Manjeri, Kerala 676517, India  
Lat 11.120031°  
Long 76.09617°  
Tuesday, 13th September 2022 10:06 AM



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





മഞ്ചേരി പട്ടർകുളത്തെ കുടക്കല്ല് യൂണിറ്റി വനിത കോളേജ് വിദ്യാർത്ഥികൾ സന്ദർശിച്ചപ്പോൾ

### 'പട്ടർകുളം കുടക്കല്ല് സംരക്ഷിക്കണം'

**മഞ്ചേരി:** പട്ടർകുളത്ത് സ്ഥിതിചെയ്യുന്ന മഹാശിലായുഗ ശേഷിപ്പായ കുടക്കല്ല് സംരക്ഷിക്കണമെന്ന് മഞ്ചേരി കെ.എ.എച്ച്.എം യൂണിറ്റി വനിത കോളേജിലെ ഹിസ്റ്ററി അസോസിയേഷൻ ആവശ്യപ്പെട്ടു. ബി.എ. മൂന്നാം വർഷ പരിത്ര വിഭാഗം വിദ്യാർത്ഥികളും അധ്യാപകരും സ്ഥലം സന്ദർശിച്ചു. മഞ്ചേരി - കോഴിക്കോട് റോഡിൽ പട്ടർകുളം അങ്ങാടിയിൽനിന്ന് 200 മീറ്റർ അകലെയാണി സ്വകാര്യ വ്യക്തിയുടെ വയലിലാണ് കുടക്കല്ലുള്ളത്.

2020ൽ ഇത് സംരക്ഷിത സ്തംഭമായി പ്രഖ്യാപിക്കാൻ സർക്കാർ തീരുമാനിച്ചിരുന്നു. കുടക്കല്ല്

സ്ഥിതിചെയ്യുന്ന സ്ഥലവും മൂന്ന് മീറ്റർ വീതിയിൽ വഴിയും വിട്ടുനൽകാൻ ഉടമസ്ഥർ സന്നദ്ധത അറിയിച്ചിട്ടുണ്ട്.

ഒരു കാലഘട്ടത്തിലേക്ക് വെളിച്ചം വീശുന്ന ഇത്തരം സ്തംഭങ്ങൾ സംരക്ഷിക്കപ്പെടേണ്ടത് അത്യാവശ്യമാണെന്ന് കോളേജ് പരിത്ര വിഭാഗം അഭിപ്രായപ്പെട്ടു. പട്ടർകുളം അങ്ങാടിയിൽ അടയാള ബോർഡ് സ്ഥാപിക്കുമെന്ന് വിദ്യാർത്ഥികൾ പറഞ്ഞു. അധ്യാപകരായ ജസീന, ടി.കെ. ഫൈസൽ, ഷബീർ മോൻ, ഡോ. ഷിബി, വിദ്യാർത്ഥികളായ നിയ, രഹന, അയിഷ ഹിബ എന്നിവർ നേതൃത്വം നൽകി.

### B. British Aid post.

On 13th June 2023, fifty final-year BA History students from Korambayil Ahmed Haji Memorial Unity Women's College Manjeri participated in a cleaning activity at a Colonial-Era British Police Outpost in Pantallur. Anakayam Panchayat President Shri Chandran inaugurated the cleaning programme and promised to protect the historic police outpost. Village Officer Shri Shreejith, Ward members, and others also joined the cleaning effort. The activity was led by History teachers Shabeermon M, Faisal TK, Jasina C, Shri Saleem Padavanna, who is an antiquities collector and exhibitor, and YouTuber Nawas Babu (Masterpiece).

  
**PRINCIPAL**  
Korambayil Ahmed Haji  
Memorial Unity Women's  
College, Manjeri







KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



**UNLOCKING HISTORY**

Journeying into the Historical Roots of  
Panthallur Colonial Police Outpost

**13  
June  
2023**

DEPT. OF HISTORY  
K.A.H.M Unity Women's College  
Manjeri, Malappuram

9895842394



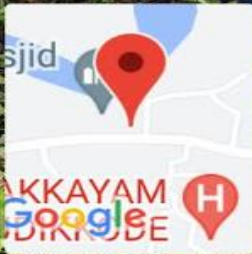
*[Handwritten Signature]*  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





KORAMBAYIL AHAMED HAJI MEMORIAL  
UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



**Pandalur, Kerala, India**  
35PJ+WRW, Pandalur Rd, Pandalur, Kerala 676521, India  
Lat 11.087385°  
Long 76.181967°  
Tuesday, 13th June 2023 12:34 PM GMT +05:30



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





# 05 പൊതുവിശേഷം

## ചരിത്രമുറങ്ങും സൗധത്തിൽ വിദ്യാർത്ഥിനികളുടെ സന്നദ്ധ സേവനം

മേഖല: പതിമൂന്നാമത്തെ പത്തുറ്റു പൊലീസ് എയ്ഡ് പോസ്റ്റ് സന്ദർശിച്ച മേഖലയിൽ കെ.എ.എ.യുടെയും യൂണിറ്റി വിശ്വസ് കോളേജ് വിദ്യാർത്ഥിനികൾ കെട്ടിടം ശുചീകരിച്ചു. ഹിസ്റ്ററി മൂന്നാം വർഷ ബിരുദ വിദ്യാർത്ഥിനികളാണ് പുരാവസ്തു ഗവേഷകനായ സലീം പടവണ്ണയുടെ നേതൃത്വത്തിൽ സ്ഥലം സന്ദർശിച്ച ശുചീകരണ പ്രവർത്തനങ്ങൾ നടത്തിയത്.

ആനക്കയം പഞ്ചായത്ത് പ്രസിഡന്റ് അടോക് ചന്ദ്രൻ ശുചീകരണത്തിന് തുടക്കം കുറിച്ചു. അധ്യാപകരായ ഷബീർ, ഹൈസൽ, ജസീന, മുക്തബ്ബിൻ റിജ്വാദ്, മുഹമ്മദ് ഹിസാബ് ബാബു മേച്ചേരി, മുദിക്കോട് വിജയ് ഓഫീസർ പ്രൊഫ.കുമാർ എന്നിവരും ഉദ്യമത്തിൽ പങ്കെടുത്തു. ലിഖിതങ്ങൾ സമരകാലത്ത് ലഹളക്കാരെ പിടികൂടുന്നതിനും തടവിടുന്നതിനുമായി ബ്രിട്ടീഷുകാർ സ്ഥാപിച്ചതാണ് പൊലീസ് എയ്ഡ് പോസ്റ്റും ഇതിനോടനുബന്ധിച്ചുള്ള അയിലും. പത്തോളം തടവുകാരെ പാർപ്പിക്കാവുന്ന അയിലിന്റെ അവശിഷ്ടങ്ങൾ മാത്രമാണ് നിലവിൽ ഇവിടെ അവശേഷിക്കുന്നത്.

ലിഖിതങ്ങൾ സമരത്തിന്റെയും സ്വാതന്ത്ര്യ പോരാട്ടങ്ങളുടെയും സ്മരണകളുടെയും അധികൃതരുടെ അവഗണനയിൽ എത്ര തോലായിരം വസരം വിടേണ്ടേണ്ടത്. കെട്ടിടയിലെ ഭാഗങ്ങളെല്ലാം വിദ്യാർത്ഥിനികൾ വെട്ടി തെളിച്ചു. സ്മാരകം ശുചീകരണത്തിന് തുടക്കം കുറിച്ച സന്തോഷത്തോടെയാണ് നാട്ടുകാർ സ്വീകരിച്ചത്. സന്നദ്ധ സേവകർക്ക് പ്രദേശവാസികൾ മധുരപാനീയങ്ങൾ നൽകി. സ്മാരകം പഞ്ചായത്ത് ഏറ്റെടുത്ത് സംരക്ഷിക്കുമെന്ന് പ്രസിഡന്റ് പറഞ്ഞു.

മേഖലയിലെ പത്തുറ്റുവിടെ നാടോടിമുഖവയലിൽ ബ്രിട്ടീഷ് നിർമ്മിത അയിൽ.



# മാധ്യമം



യൂണിറ്റി കോളേജിലെ വിദ്യാർത്ഥിനികൾ എയ്ഡ് പോസ്റ്റിന് മുന്നിൽ

## പത്തല്ലൂരിലെ ബ്രിട്ടീഷ് നിർമ്മിത പൊലീസ് എയ്ഡ് പോസ്റ്റ് ശുചീകരിച്ചു

മേഖല: പത്തല്ലൂരിലെ ബ്രിട്ടീഷ് നിർമ്മിത പൊലീസ് എയ്ഡ് പോസ്റ്റ് ശുചീകരിച്ചു. യൂണിറ്റി വനിത കോളേജ് ഹിസ്റ്ററി മൂന്നാം വർഷ ബിരുദ വിദ്യാർത്ഥിനികളുടെ നേതൃത്വത്തിലാണ് പ്രവൃത്തി നടത്തിയത്.

സർക്കാർ ഉടമസ്ഥതയിലുള്ള തടവുകാരെ വർഷങ്ങളായി സംരക്ഷിക്കാൻ തകർന്ന സ്ഥിതിയിലായിരുന്ന പുരാവസ്തുഗവേഷണ മന്ദിരമായ മേഖലയിലുള്ള നാലു സദ്യകൾ

രേഖി അബ്ദുൽ സലീം പടവണ്ണയുടെ നേതൃത്വത്തിൽ നടത്തിയ ശുചീകരണത്തിന് ആനക്കയം പഞ്ചായത്ത് പ്രസിഡന്റ് അടോക് ചന്ദ്രൻ തുടക്കം കുറിച്ചു.

സ്വാതന്ത്ര്യത്തിന്റെ സ്മരണയോടനുബന്ധിച്ചാണ് ഇത്തരം പ്രവൃത്തികൾ നടത്തുന്നത്.

കോളേജ് അധ്യാപകരായ ഷബീർ, ഹൈസൽ, ജസീന, മുക്തബ്ബിൻ റിജ്വാദ് ഓഫീസർ പ്രൊഫ.കുമാർ, മുക്തബ്ബിൻ റോഹനായ മുഹമ്മദ് ഹിസാബ് ബാബു മേച്ചേരി എന്നിവർ സംബന്ധിച്ചു.

നിസാർ ബാബു മേച്ചേരി എന്നിവർ സംബന്ധിച്ചു.

**കേരള വാട്ടർ അതോറിട്ടി/ ഇ**

ദർശനം: EE/PH/MPM/09/2023-24  
 അതിരോട് സെക്ഷനനു കീഴിൽ ഉൾക്കൊള്ളിയ 2023-24 വർഷത്തേക്കുള്ള വാട്ടർ നിരതദ്രവ്യം: Rs.26982/- ഒഴുക്കി ഫീൽഡ് റേറ്റം സർട്ടിഫിക്കേഷൻ അനുസരിച്ച് കേരളം: 04832734891 വെബ്സൈറ്റ്: Kerala.gov.in  
 KWA-JB-GL-6-492-2023-24



PRINCIPAL  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





# മാധ്യമം

## പന്തല്ലൂർ മുടിക്കോട് പൊലീസ് എയിഡ് പോസ്റ്റ് വിരണ്ടുകൊണ്ട് നടപടി തുടങ്ങി

മേഖല: ബ്രിട്ടീഷ് കോളനി വാഴയുടെ ഏകദേശം ഷിപ്പായ പന്തല്ലൂർ പൊലീസ് എയിഡ് പോസ്റ്റ് വിരണ്ടുകൊണ്ടുള്ള നടപടി തുടങ്ങി. പതിറ്റാണ്ടുകളായി അവഗണനയുടെ കാടു മുടിയ ഇവിടെത്തോടടുത്തു, മണ്ണുനീക്കി ചരിത്ര ശേഷിപ്പുകൾ വിരണ്ടുകൊണ്ട് പുരാവസ്തു വകുപ്പിന്റെ നേതൃത്വത്തിലാണ് പ്രവൃത്തി തുടങ്ങിയത്.

വർഷങ്ങളായി അടഞ്ഞുകൂടിയ മണ്ണുനീക്കുന്ന ജോലിയാണ് ആരംഭിച്ചത്. ഇതിനനുസരണം വിരണ്ടുകൊണ്ടിരിക്കുന്ന സാധ്യതകൾ വിദഗ്ദ്ധരുമായി ആലോചിച്ച് തിരച്ചിലാക്കുകയും പുരാവസ്തു വകുപ്പിന്റെ കീഴിലുള്ള പഴയ്ക്കിരണ്ടു സിന്ധം ഇൻ ചാർജ് ഓഫീസർ കെ. കൃഷ്ണദാസിന്റെ നേതൃത്വത്തിലാണ് തൊഴിലാളികൾ കാടുവെട്ടലും മണ്ണുനീക്കുന്ന പ്രവൃത്തിയും തുടങ്ങിയത്. പന്തല്ലൂരിലെ യു.പ.തിസര പ്രദേശങ്ങളിലെയും ബ്രിട്ടീഷ് വിദ്യാലയ പൊതുവകുപ്പിന്റെ വിരണ്ടിക്കാൻ നിർമ്മിച്ച പൊലീസ് എയി



പന്തല്ലൂർ മുടിക്കോട് പൊലീസ് എയിഡ് പോസ്റ്റിന് സമീപത്തെ കാടും മണ്ണും പുരാവസ്തു വകുപ്പിന്റെ നേതൃത്വത്തിൽ നീക്കുന്നു

ഡ് പോസ്റ്റാണ്. മുടിക്കോട് വില്ലേജ് ഓഫീസിന് സമീപത്താണ് പൊലീസ് എയിഡ് പോസ്റ്റും തടവറയും സ്ഥിതി ചെയ്യുന്നത്. രാജ്യത്തിന്റെ സാമന്ത്ര്യത്തിനുവേണ്ടി സമരം ചെയ്ത ഒരിലാഹത്ത് പ്രവർത്തകരെ പിടിച്ചു കൂട്ടിയായി മരണം ഉണ്ടായ കെട്ടിടമായിരുന്നു.

ബ്രിട്ടീഷ് അധിനിവേശ കാലത്ത് സമര പോരാളികളെ തടവിലിട്ടിരുന്ന എയിഡ് പോസ്റ്റും അതോടനുബന്ധിച്ച ജയിലറയും പതിറ്റാണ്ടുകളായി കാടുകയറി നശിക്കുകയായിരുന്നു. വിവാഹത്ത് പ്രവർത്തകരെ ഇവിടെ തടവിൽ പാർപ്പിച്ചിരുന്നു.

പഴക്കി ഭൂവിച്ച കെട്ടിടവും ലോക്കുപ് മുറിയുമാണ് ഇന്ന് അവശേഷിക്കുന്നത്. സമര ശക്തി പ്രാപിച്ചപ്പോൾ പട്ടാളം സമരക്കാരെ വിരണ്ടിച്ച് എയിഡ് പോസ്റ്റ് കേന്ദ്രം കെട്ടിപ്പുറപ്പെട്ടിരുന്നു. പന്തല്ലൂർ മലനിരകൾ കേന്ദ്രം വിട്ടാണ് പോരാളികൾ പട്ടാളത്തി

നെതിരെ ഒളിപ്പോരാടം നടത്തിയിരുന്നത് പിടിച്ചടങ്ങിയിരുന്ന പോരാളികളെ പാണ്ടിക്കോട്ടെ പ്രധാന ജയിലിലേക്ക് കൊണ്ടുപോകുന്നത് വരെ ഇവിടെ പാർപ്പിക്കുകയും പിന്നീട് പുഴയിലൂടെ പാണ്ടിക്കോട് പട്ടാള ക്യാമ്പിലേക്ക് കൊണ്ടുപോവുകയായിരുന്നു.

ഓട്ട പോസ്റ്റിന് ക്യാമ്പിലേക്ക് പ്രത്യേക മാർഗ്ഗവും ഉണ്ടായിരുന്നു. ചരിത്ര സ്മാരകത്തിന്റെ സംരക്ഷണ സംബന്ധിച്ച് ആനക്കയം പഞ്ചായത്ത് ഭരണ സമിതി, ഐ.എൻ.എസ്, ചരിത്ര വിദ്യാർത്ഥികൾ, ഗവേഷകർ, സഞ്ചാരികൾ, പുരാവസ്തു ഗവേഷകനായ അണ്ണൽ സലീം പടവണ്ണ, തുടങ്ങി ഒട്ടേറെ പേർ നിരന്തരമായി സർക്കാരിന്റെയും പുരാവസ്തു വകുപ്പിന്റെയും ശ്രദ്ധയിൽപ്പെടുത്തിയിരുന്നു.

മേഖലയിൽ യൂണിറ്റി കോളജിലെ വിദ്യാർത്ഥികളുടെ നേതൃത്വത്തിൽ കഴിഞ്ഞ വർഷം ഇവിടെ ശുചീകരണ പ്രവൃത്തി നടത്തിയിരുന്നു.



*[Handwritten Signature]*  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



## X. VISIT TO EDAKKAL CAVES

Second semester B. A History students of the Department visited the historical site Edakkal Caves and 900kandi Eco-park, Wayanad on 11th February 2023. Students experienced the habitat and Stone Age carvings of Neolithic people and biological diversity of Wayanad.



**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## WORKSHOPS FOR LOCAL WOMEN COMMUNITIES FOR ENTREPRENEURIAL SUPPORT-

### a. WORKSHOP ON MUSHROOM CULTIVATION

On Feb 2nd 2023, Thursday P.G. Department of Botany conducted a workshop on mushroom cultivation for Kudumbasree members of Pulpatta Panchayath. The programme was inaugurated by Dr. Muhammad Basheer Ummathur, College Principal. The training session was led by Dr. Usman. A, Head of the department of Botany and other teachers of the department. Around 15 kudumbasree workers benefited the programme.



Accessibility Investigate



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





### b. Interview with differently abled women entrepreneurs

An interview was conducted with five differently abled women entrepreneurs on Tuesday 21st January 2020 at 11:00 am at Fly Wheels, Melakkam, Manjeri. The interview was conducted by 6 ED club members, Swabira P, Sulhasana V, Fathima Nubla, Ridha Fathima, Shahbanu P.T, Thasliya. The interviewees were 5 differently abled owners of the enterprise Fly wheels of Melakkam which is a wholesale and retail garments shop.

During the course of the interview, the interviewees shared their experiences of fostering their business. They also enlightened on being different and keeping up with the competition and challenges in their journey. They also touched upon their struggles along with their own challenges. Additionally, they also praised their supporters.

In conclusion, this interview gave an insight to the members on nothing matters when there is strong will power which was incredibly exemplified through these wonderful women entrepreneurs.



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



#### IV. Collaborations with schools for IKS promotion-

##### Museum Exhibition and Workshop

As part of Science Fair organized by the PG Department of Chemistry,KAHM Unity Women's College Manjeri, the Department of History exhibited two stall at the College on 25 and 26 th February 2019. The History stall at Auditorium was organized under the Department of History, University of Calicut. The other stall was prepared by the students of the History Department, KAHM Unity Women's College at room number 36. Along with this, a workshop on HOW TO SET UP A MUSEUM is also conducted under the leadership of Dr. P Sivadasan, Associate Professor of History, and University of Calicut. Dr. Sivadasan shared his experiences on research and archaeological excavations at different places. He also spoke about the steps that one need to take while setting up a Heritage Museum. Mr. Haridas, research Scholar, University of Calicut, and Department Head Mr.Shabeermon. M and Association secretary Seenath spoke on the occasion. Few research scholars from university of Calicut were also attended the programme.Staffs and Students from various schools from Manjeri municipality visited the college on the day.



Page 2 / 10



KORAMBAYIL AHAMED HAJI MEMORIAL  
**UNITY WOMEN'S COLLEGE, MANJERI**

(P.O) Narukara, Malappuram Dt., Kerala - 676 122  
(Govt.- Aided and affiliated to University of Calicut)  
[Nationally re-accredited by NAAC with 'B++' Grade, CGPA 2.77]  
[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in)



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri





## INFRASTRUCTURE FACILITATION FOR PROMOTION IKS IKS THEMED WALLS AND CULTURAL SPACES IN CAMPUS

As part of the Azadi ka Amrit Mahotsav celebrations on the 75th Anniversary of Indian independence, Korambayil Ahamed Haji Memorial Unity Women's College IQAC, History Department and NSS Units jointly built the Freedom Wall on 12th August 2022. The students depicted scenes of the National Freedom Struggle and different scenes of the Malabar Struggle at the Freedom Wall. The mural painting covers an area of 200 feet. Muhammad Basheer Ummathur inaugurated the program in which about fifty female students from ten departments participated by drawing pictures. Manager, Engineer. O. Abdul Ali, IQAC Coordinator Dr. Shahinamol AK, Head of History Department Mr. Shabeermon, N.S.S. Program Officer Dr. V. Hikmatullah led the program. NCC Officer Ms. Lucia, Dr. P. Poornima, Mr. T K Faisal also spoke on the occasion.

### A. Freedom wall



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



hamme...  
 ial Unity...  
 Google

Department of History, Unity Women's College, Manjeri, Kerala, India  
 43JM+4FM, Manjeri, Kerala 676122, India  
 Lat 11.130867°  
 Long 76.082968°  
 Friday, 12th August 2022 04:02 PM

**ചന്ദ്രിക**

**മഞ്ചേരി യൂണിറ്റി കോളജിൽ നിർമ്മിച്ച പ്രമീഡം വാൾ ആവിഷ്കരിച്ചു**

**യൂണിറ്റി കോളജിൽ പ്രമീഡം വാൾ ആവിഷ്കരിച്ചു**

മഞ്ചേരി : സ്വാതന്ത്ര്യത്തിന്റെ ഏഴുപത്തഞ്ചാം വാർഷികത്തിൽ ആസാദി കാ അമൃത് മഹോത്സവ് ആഘോഷ പരിപാടികളുടെ ഭാഗമായി മഞ്ചേരി കെ.എ.എച്ച്.എം. യൂണിറ്റി വിമൻസ് കോളജിൽ കെ.കൃഷ്ണ.എ.സി.യും ചരിത്ര വിഭാഗവും എൻ.എസ്.എസ്. യൂണിറ്റുകളും സംയുക്തമായി പ്രമീഡംവാൾ നിർമ്മിച്ചു. അടിയ സ്വാതന്ത്ര്യസമരത്തിന്റെ ദൃശ്യങ്ങളും മലബാർസമരത്തിലെ വ്യത്യസ്തരംഗങ്ങളും വിദ്യാർത്ഥികൾ പ്രമീഡംവാളിൽ ആവിഷ്കരിച്ചു. പത്തൊളം ഡിപ്പാർട്ടുമെന്റുകളിൽ നിന്നായി അമ്പതോളം വിദ്യാർത്ഥിനികൾ ചിത്രം വരച്ച് പകെടുത്ത പരിപാടി പ്രിൻസിപ്പൽ ഡോ.മുഹമ്മദ് ബഷീർ ഉമ്മത്തൂർ ഉദ്ഘാടനം ചെയ്തു. മാനേജർ ഉ.അബ്ദുൽ അലി, കെ.കൃഷ്ണ.എ.സി. കോ-ഓർഡിനേറ്റർ ഡോ.ഷാഹിനമോൾ എ.കെ. ചരിത്രവിഭാഗം അധ്യക്ഷൻ ശ്രീ.ഷബീര്മാൻ, എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർ ഡോ.വിഹി കമ്മത്തുല്ല എന്നിവർ നേതൃത്വം നൽകി. എൻ.സി.സി. ഓഫീസർ ശ്രീമതി ലുസിയ, ഡോ. ഫാത്തിമത്തു സുഹ്റ, ഫൈസൽ പ്രസംഗിച്ചു.

Chandrika Edition  
 Aug 13, 2022 Page No. 13  
 Powered by : eReleGo.com



*(Handwritten signature)*

**PRINCIPAL**  
 Korambayil Ahamed Haji  
 Memorial Unity Women's  
 College, Manjeri





### B. Azadi square in the campus



### C. Malabar Heritage Wall

The Heritage Wall, located near the CH Auditorium at KAHM Unity Women's College, Manjeri, commemorates the anti-colonial struggles fought in Malabar against European powers during the modern period. Following the arrival of Portuguese in the late 15th century, this region witnessed numerous heroic resistances. The wall paintings vividly depict five seminal events: "The Arrival of Vasco da Gama" (1498), Kunjali Marakkar's fight against the Portuguese ( 1520 - 1600 ) "Pazhassi Raja's Guerrilla Warfare" against British colonial rule ( 1793 -1805 ), and "The Martyrdom of Variyam Kunnan," the Mappila leader's supreme sacrifice during the Malabar Struggle of 1921. This initiative aims to educate visitors, staff and students about Malabar's rich history of resistance, inspire patriotism and cultural pride, preserve historical heritage, and foster understanding of the region's struggle for independence. By visualizing these pivotal events, the Heritage Wall honors the sacrifices of local heroes and celebrates the indomitable spirit of the Malabar people.

### VI. Research publication on IKS

Book was published on 27th june 2023 as per the geotagged picture, but i think the book was originally included in the Annual report of 2022-23...please note that point, the title of the book is "Secular Culture and Social Transformation: Kerala Experience "



*(Handwritten signature)*

**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri

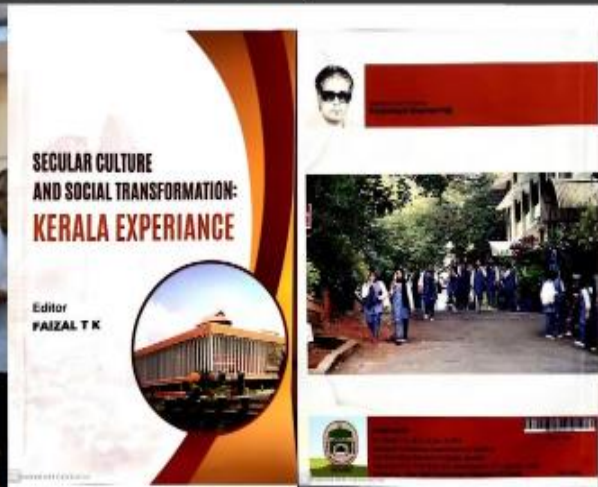




## Book Publication (ISBN)



Manjeri, KL, India  
Etnad, Manjeri, 676122, KL, India  
Lat: 11.129736, Long: 76.083666  
06/27/2023 11:05 AM GMT+05:30  
Note: Captured by GPS Map Camera



Research and Extension Activities



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri



## VII . Promotion of IKS through Clubs

### Ek Bharath Sreshta Bhaarath Club

A short video on "ONAM" was made in Hindi to share the salient features of Onam festival with our counterparts in Himachal Pradesh. The video was uploaded in the club you tube channel. The you tube link is [https://youtu.be/NAEnKNj\\_K7k](https://youtu.be/NAEnKNj_K7k)

A short video making was initiated by compiling the videos of people from different states of India. The students from the paired institute represented Himachal Pradesh.

<https://drive.google.com/drive/folders/114z4eFvWGgf08cAKrmCnUGELwEQdM5OV?usp=sharing>

Virtual interaction with the paired institute, St. Bede's college, HP, was conducted through a google meet. The students and staff coordinators of both the colleges participated and exchanged the culture, food habits and discussed on common social issues.

<https://drive.google.com/drive/folders/1D-6GomVtWSze8VHKowRHEI2CUKRXWiY1?usp=sharing>

### Pahari Nati Fusion Dance

As a part of EBSB day celebration on 30<sup>th</sup> January 2020, a group of eight students performed a fusion dance of Pahari nati, the traditional dance of Himachal Pradesh and that of other states with the theme of national integration. The programme was organized in the college auditorium. There were more than 600 participants to the programme and the dance received wide applause from the audience.





#### VIII Research and Development plan of institution for advancement of IKS\*

1. Establishing an IKS research centre/ cell
2. Conducting research projects on IKS-related topics
3. Publishing research papers and books on IKS
4. Developing IKS-based intellectual property workshop
5. Setting up an IKS-based incubation centre



  
**PRINCIPAL**  
Korambayil Ahamed Haji  
Memorial Unity Women's  
College, Manjeri